



## Weekly Menu

Week of XX/XX

### WEDNESDAY

Breakfast: Bruce's Hashbrowns and Bacon  
Lunch: Roasted Turkey Breast, Smashed Potatoes & Peas  
Dinner: Pasta Bolognese with Marinated Pepper Salad  
  
Deli: Ham Salad on Roll  
Lite Fare: Grilled Shrimp  
Residents Choice: Baked Sweet Potato

### THURSDAY

Breakfast: Coffee Cake & Sausage  
Lunch: Swiss Steak, Rice Pilaf and Broccoli  
Dinner: Cheese Quesadilla, Spanish Rice, Roasted Veggies  
  
Deli: Turkey Sandwich  
Lite Fare: Asian Chicken Salad  
Residents Choice: Pizza with Side Salad

### FRIDAY

Breakfast: Sausage Potato Bake  
Lunch: Catch of the Day, Fried Potatoes and Onions, Sugar Snap Peas  
Dinner: Kielbasa with Sour Kraut, Potato Wedges  
  
Deli: Pastrami Sandwich  
Lite Fare: Fruit and Nut Salad  
Residents Choice: Spaghetti and Meatballs with Garlic Bread

### SATURDAY

Breakfast: Biscuits and Country Gravy  
Lunch: Baked Pork Chop with Potatoes and Carrots  
Dinner: Chicken ala King with Homestyle Biscuit and Buttered Zucchini  
  
Deli: Deli Sandwich  
Lite Fare: Mediterranean Tuna Salad  
Residents Choice: Sheppards Pie

### SUNDAY

Breakfast: Pancakes and Bacon  
Lunch: Roast Beef Au Jus, Mashed Potatoes, Braised Red Cabbage  
Dinner: Breaded Fish Fillet, French Fries and Pickled Beets  
  
Deli: Ham Sandwich  
Lite Fare: Salmon Salad  
Residents Choice: Beef Chili and Cornbread

### MONDAY

Breakfast: Waffles and Ham  
Lunch: Cod Florentine, Confetti Rice Pilaf, and Steamed Carrots  
Dinner: BBQ Pulled Pork, Baked Mac and Cheese, Cucumber Corn Salad  
  
Deli: Egg Salad Sandwich  
Lite Fare: Asian Turkey Lettuce Wraps with Zesty Pasta Salad  
Residents Choice: Hungarian Mushroom Soup

### TUESDAY

Breakfast: Brown Sugar French Toast and Sausage Links  
Lunch: Classic Beef Stew  
Dinner: Cornbread Chicken Bake, Potato Salad & Green Beans.  
  
Deli: Sub Sandwich  
Lite Fare: Crab Cakes  
Residents Choice: Cheese Tortellini Soup