



Weekly Menu

Week of XX/XX

SUNDAY

Breakfast: Pancakes and Bacon
Lunch: Roast Beef Au Jus,
Mashed Potatoes, Braised Red
Cabbage
Dinner: Breaded Fish Fillet,
French Fries and Pickled Beets

Deli: Ham Sandwich
Lite Fare: Salmon Salad
Residents Choice: Beef Chili and
Cornbread

MONDAY

Breakfast: Waffles and Ham
Lunch: Cod Florentine, Confetti
Rice Pilaf, and Steamed Carrots
Dinner: BBQ Pulled Pork, Baked
Mac and Cheese, Cucumber
Corn Salad

Deli: Egg Salad Sandwich
Lite Fare: Asian Turkey Lettuce
Wraps with Zesty Pasta Salad
Residents Choice: Hungarian
Mushroom Soup

TUESDAY

Breakfast: Brown Sugar French
Toast and Sausage Links
Lunch: Classic Beef Stew
Dinner: Cornbread Chicken
Bake, Potato Salad & Green
Beans.

Deli: Sub Sandwich
Lite Fare: Crab Cakes
Residents Choice: Cheese
Tortellini Soup

WEDNESDAY

Breakfast: Bruce's Hashbrowns
and Bacon
Lunch: Roasted Turkey Breast,
Smashed Potatoes & Peas
Dinner: Pasta Bolognese with
Marinated Pepper Salad

Deli: Ham Salad on Roll
Lite Fare: Grilled Shrimp
Residents Choice: Baked Sweet
Potato

THURSDAY

Breakfast: Coffee Cake &
Sausage
Lunch: Swiss Steak, Rice Pilaf
and Broccoli
Dinner: Cheese Quesadilla,
Spanish Rice, Roasted Veggies

Deli: Turkey Sandwich
Lite Fare: Asian Chicken Salad
Residents Choice: Pizza with
Side Salad

FRIDAY

Breakfast: Sausage Potato Bake
Lunch: Catch of the Day, Fried
Potatoes and Onions, Sugar
Snap Peas
Dinner: Kielbasa with Sour
Kraut, Potato Wedges

Deli: Pastrami Sandwich
Lite Fare: Fruit and Nut Salad
Residents Choice: Spaghetti and
Meatballs with Garlic Bread

SATURDAY

Breakfast: Biscuits and Country
Gravy
Lunch: Baked Pork Chop with
Potatoes and Carrots
Dinner: Chicken ala King with
Homestyle Biscuit and Buttered
Zucchini

Deli: Deli Sandwich
Lite Fare: Mediterranean Tuna
Salad
Residents Choice: Shepphards
Pie