

MENU

WEEK OF APRIL 18-24

MONDAY

Lunch

Baked Tilapia
Orzo Pilaf, Steamed Zucchini

Dinner

Chicken Sandwich
Homemade Vegetable Soup

WEDNESDAY

Lunch

Charbroiled Pork Chop
Macaroni & Cheese, California Blend
Vegetables, Roll

Dinner

Chicken Salad Plate
Chilled Beets, Crackers

FRIDAY

Lunch

Cheese Quiche
Salad, Blueberry Muffin

Dinner

Lemon Pepper Chicken
White Beans, Parsley New Potatoes, Roll

SUNDAY

Lunch

Country Fried Steak with Gravy
Mashed Potatoes, Green Beans, Biscuit

Dinner

Baked Lasagna
Salad, Garlic Bread

TUESDAY

Lunch

Chicken Monterey
Black Beans, Cantina Corn

Dinner

Herb Baked Pork
Vegetable Rice, Egg Roll

THURSDAY

Lunch

Southwest Chicken Wrap
Black Bean Salsa, Mexican Rice

Dinner

Spaghetti with Meat Sauce
Capri Vegetables, Garlic Bread

SATURDAY

Lunch

Fried Fish with Tarter Sauce
Tater Tots, Calico Slaw, Roll

Dinner

Smoked Sausage
Butter Sweet Potatoes, Green Beans, Roll