



	Sun 07-27-2025	Mon 07-28-2025	Tue 07-29-2025	Wed 07-30-2025	Thu 07-31-2025	Fri 08-01-2025	Sat 08-02-2025
B R K	Cheesy Scrambled Eggs Hash Browns <i>Sausage</i> 100% Juice Whole Grain Toast	Buttermilk Pancakes Bacon 100% Juice <i>Grits</i> <i>Eggs</i>	Ham Breakfast Casserole Fresh Fruit 100% Juice Whole Grain Toast <i>Grits</i>	Cinnamon French Toast Egg of Choice Fresh Fruit 100% Juice <i>Grits</i>	Sausage Egg Muffin Hash Browns Fresh Fruit 100% Juice <i>Grits</i>	Homestyle Waffles Egg of Choice Fresh Fruit 100% Juice <i>Grits</i> <i>Bacon</i>	Sausage Country Gravy and Biscuits Fresh Fruit 100% Juice <i>Eggs</i> <i>Grits</i>
L U N C H	Green Salad Apricot Glazed Pork Roast Fresh Cooked Yams Green Beans Almondine Baked Roll Grandma's Apple Pie	Green Salad Country Fried Steak with Gravy Classic Mashed Potatoes Brussels Sprouts Baked Roll Chocolate Caramel Cake	Green Salad Marinated Rosemary Chicken Rice Pilaf Sauteed Yellow Squash Baked Roll Fruit Cobbler	Green Salad Tilapia with Savory Herb Butter Southern Baked Beans Grilled Asparagus Baked Roll Pineapple Cheesecake	Green Salad Beef Tips Au Jus Buttered Noodles Glazed Baby Carrots Baked Roll Double Chocolate Brownie	Green Salad Greek Lemon Chicken Seasoned Brown Rice Spinach and Tomatoes Baked Roll Fresh Fruit	Green Salad Honey Mustard Ribs Favorite Baked Beans Country Trio Medley Baked Roll Brown Sugar Peach Cake
D I N E R	Garden Vegetable Soup Baked Ziti Peaches Caesar Salad Ice Cream	Cream of Zucchini Soup Fried Shrimp with Cocktail Sauce Watermelon Corn Salad with Lime Vinaigrette Lemon Pudding	Tomato Soup Grilled Cheese Sandwich Fruit Medley <i>Crackers</i> Homemade Cookie	Tomato Green Bean Soup <i>Tuna Salad</i> <i>Sandwich</i> <i>Pasta Salad</i> <i>cookies</i> <i>ice cream</i>	Vegetable Medley Soup Ham Salad Slider Cantaloupe Cucumber Tomato Salad Ice Cream Sandwich	Borscht Soup Grilled Steak Salad Pears French Bread Homemade Cookie	Vegetable Rice Soup Chicken Sandwich <i>lettuce & tomatoes</i> <i>Chips</i> <i>Pickles spear</i> Apple <i>Pie</i>
	Milk offered at every meal	Water offered at each meal. Snacks available mid morning, mid afternoon, and evening. Please see the posted snack list.					Week 1

Dietitian's Signature:

Quinn J. Jager 4-21-2025
6/10/25