# Breakfast Eggs Your Way\*\*

Over Easy, Medium, Well or Hard, Poached, Scrambled or Basted

## Omelets

Ham, Cheese, Peppers, Onions, Tomatoes

## Cold Cereal

Raisin Bran, Cheerios, Mini Wheats, Corn Flakes

## Hot Cereal

Oatmeal -you can add Pecans, Almonds, Walnuts, Raisins, Granola, Cranberries, Brown Sugar or Maple Syrup,

## From the Griddle

French Toast, Pancakes, Waffles (Pecans or Chocolate Chips can be added to Pancakes & Waffles), Shredded Hash Browns

## Breakfast Meats

Bacon, Pork Sausage- Both link and patty, Turkey Sausage Patties Corn Beef Hash

## Sides

Fresh Fruit Salad, Cottage Cheese or Yogurt (Vanilla, Strawberry or Peach)

## Toast

Wheat, White, Sourdough, Marble Rye, English Muffins, Raisin Bread, Bagels

### Beverages

Juices-Orange, Apple, Cranberry, Prune, Tomato, Pineapple Coffee or Tea (Regular, Decafe or Green)

\*\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

## Monday, June 2, 2025 Lunch

Vegetable Garden Soup Garden Green Salad

Chicken Gyro served with Gourmet Green Salad

BLT Salad served with French Bread Rolls

Blueberry Pie

Fresh Fruit

## Dinner

Vegetable Garden Soup Garden Green Salad

Asian Orange Chicken served with Easy Lo Mein and Fresh Vegetables

Tilapia with Pineapple Salsa served with Long Grain Wild Rice Pilaf and Vegetable Medley Blueberry Pie

Fresh Fruit

"Items not recommended for RCS or NCS diet
""Items not recommended for NCS diet

## Atria Chandler Villas ~ All Day Menu

## <u>Lighter Fare</u>

#### From the Deli

Choice of Ham, Tuna Salad or Turkey with Swiss, Cheddar or American cheese. Lettuce and tomatoes, pickles served on request. White, Wheat, Rye, or Sourdough

#### Chef Salad

Iceberg Lettuce topped with Ham, Turkey, Mixed Cheese, Diced Tomatoes, & Diced Eggs

Cobb Salad

Iceberg Lettuce with Diced Turkey, Eggs, Tomatoes, Bacon, Bleu Cheese Crumbles & Avocado Dressings

Italian, Bleu Cheese, 1000 Island, Balsamic, Ranch, Honey Mustard, Caesar, Sesame

#### From the Grill

#### Classic Cheeseburger

Choose from Turkey, Veggie, or 1/3 lb. Burger with your choice of Swiss, Cheddar or American Cheese Topped with Lettuce, Tomatoes, Onions, and a Pickle Spear

#### **Chicken Tenders**

3 Fried Chicken Tenders served with your choice of dipping sauce and choice of sides
All beef Hot Dog

Hebrew National all beef frank on a toasted bun. Diced Onion, Relish, or Cheese on request Atria Sandwich

Over hard Egg with American cheese and your choice of Bacon or Ham on a toasted English Muffin

### California Chicken Sandwich

Grilled chicken on a toasted bun topped with Cheddar Cheese served with Lettuce, Tomato, & Avocado

### **Grilled Cheese Sandwich**

Your choice of bread with melted Swiss, Cheddar and American Cheese Bacon, Tomato, Ham Turkey or Avocado on request

#### Quesadilla

Crisp flour tortilla filled with mixed cheese, add Chicken, Bacon, or Tomatoes

#### Fish Special

Ask your server for the selection of fish. Served with vegetables

## Sides

Fresh Fruit - French Fries - Sweet Potato Fries - Potato Chips - Onion Rings- Potato Salad - Coleslaw-Broccoli - Carrot & Celery Sticks and Baked Potatoes or Baked Yams after 4 pm

#### Desserts

SF Cheesecake, SF Jell-O, Assorted Cookies, Chocolate, Strawberry, Butter Pecan, Rainbow Sherbet, Fat Free/ Sugar Free Vanilla and A Mystery Flavor Ice Cream. Ice Cream Sundae Cones, Ice Cream Sandwich

## All Entrees are Available in Half Portions