Breakfast Menu



Week 3

Lunch Menu

Sunday Scrambled Eggs & English Muffin Hot or Cold Cereal

Monday Pancakes & Sausage Hot or Cold Cereal

Tuesday Scrambled Eggs & Toast Hot or Cold Cereal

Wednesday **Baked Omelet & Toast** Hot or Cold Cereal

Thursday French Toast & Sausage Hot or Cold Cereal

Friday Scrambled Eggs & Toast Hot Or Cold Cereal

Saturday Waffles & Sausage Hot or Cold Cereal

Sunday

Ruben Sandwich **Boiled Potatoes & Fresh Fruit Cup** Monday

Cheeseburger w/ fixings & French Fries Fruited Jello

Tuesday

Pork Chops

Whipped Sweet Potatoes

Green Beans & Dinner Roll

Fresh Fruit Cup

Wednesday

Meatloaf, Mashed Potatoes & Gravy. **Baked Spinach** Dinner Roll & Watermelon

Thursday

Turkey with Herb Sauce Parsley Egg Noodles, Asparagus, Dinner

Roll & Pudding

Friday

Fried Fish & Tater Tots Creamy Cucumbers & Fresh Fruit Cup

Saturday

Glazed Pork Chops w/Pineapple & Coconut Rice Buttered Carrots & Dinner Roll Sliced Peaches

Dinner Menu

Sunday Cobb Salad & Bread Sticks Brownie Monday Lemon Pepper Chicken

Black Beans & Corn Steamed Broccoli & Dinner Roll **Mandarin Oranges**

Tuesday

Patty Melt w/Pickle on side Green Pea Salad

German Chocolate Cake

Wednesday

Chicken Salad Sandwich Marinated Tomato Salad

Lemon Pound Cake

Thursday

Hawaiian Meatballs

Steamed Rice & Capri Vegetables Hawaiian Roll & Fresh Fruit Cup

Friday

Pizza & Caesar Salad Garlic Bread Assorted Cookies

Saturday

Italian Sausage Sub French Fries & House Salad Ice Cream

Alternative Menu (available 9am-6pm)

Always Available

Milk

Juice (Orange or enhanced water)

Coffee (reg or decaf)

Eggs

Bacon (Breakfast Only)

Toast

Raw Veggies

Broccoli

Cauliflower

Carrots

Celery

Fresh Fruit-Breakfast
Only

Entrees

Hamburger/ Cheeseburger- Lettuce, Tomato, Onion, Pickle, Mayo upon request

Hot Dog- Relish, Onion, Mayo upon request

Grilled Cheese

Deli Sandwich-Turkey or Ham with lettuce, tomato, and mayo

Cottage Cheese/ fruit platter

Egg Salad Sandwich-White, Wheat, or Raisin bread available

Tuna Salad Sandwich-White, Wheat, Raisin bread available

Chef Salad-Comes with Cheese, Tomato, Cucumber, ham and your choice of salad dressing

Cheese Selection

American

Swiss

Pepperjack

Shredded Colby Jack Mix

Salad Dressing

Ranch

Bleu Cheese

1000 Island

French

Italian

<u>Ice Cream</u>

Vanilla

Strawberry

Chocolate

Sherbert