

Sample Menu

Veloria	Mosdox	H.:				
oulluay	INICIICAY	luesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Rreakfast
Pancakes	Eggs	Biscuits and Gravy	Egg Bake		Eaas	Eag McMuffin
Sausage	Bacon	Scrambled Eggs	Toast		Sausage	Hash Browns
	Toast				Toast	
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Hot/Cold Cereal	Hot/Cold Cereal	Hot/Cold Cereal	Hot/Cold Cereal	Hot/Cold Cereal	Hot/Cold Cereal	Hot/Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pot Roast	Spaghetti	Beef Taco's	Roasted Turkey	Chili	Baked Cod	Baked Ziti
Au Gratin Potatoes	Meat Sauce	Mexican Rice	Stuffing	Cornbread	Seasoned Rice	Garlic Bread
Corn	Broccoli		Green Beans			Peas
	Garlic Bread		Roll			
Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	Dessert
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Hot Dogs	Chicken StirFry	Chicken Ala King	Grilled Cheese	Meatloaf	Bonelss Wings	Cold Cut Sandwiches
Baked Beans	Egg Roll	Biscuit	Tomato Soup	Mashed Potatoes	Tatot Tots	Chips
French Fries				Gravy	Cucumber Salad	Pickle
				Mixed Veggies		
Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	Dessert

Menus are done monthly and are available to all residents per their request Menus are subject to change due to supply available