



SINCERI
Senior Living

Weekly Menu

Ontario Estates Senior Living



	Sun 05-11-2025	Mon 05-12-2025	Tue 05-13-2025	Wed 05-14-2025	Thu 05-15-2025	Fri 05-16-2025	Sat 05-17-2025
B R E A K F A S T	Eggs of Choice Bacon <i>or</i> Sausage <i>and</i> Oatmeal 100% Juice Whole Grain Toast Beverage Choice	Buttermilk Pancakes Bacon <i>or</i> Sausage <i>and</i> Egg of Choice <i>and</i> Oatmeal 100% Juice Whole Grain Toast Beverage Choice	Egg of Choice Bacon <i>or</i> Sausage <i>and</i> Hash Browns <i>and</i> Oatmeal 100% Juice Whole Grain Toast Beverage Choice	Sausage Country Gravy and Biscuits Bacon <i>or</i> Sausage <i>and</i> Egg of Choice <i>and</i> Oatmeal 100% Juice Whole Grain Toast Beverage Choice	Cinnamon French Toast Bacon <i>or</i> Sausage <i>and</i> Egg of Choice <i>and</i> Oatmeal Whole Grain Toast Beverage Choice	Cinnamon Roll Bacon <i>or</i> Sausage <i>and</i> Egg of Choice <i>and</i> Oatmeal Banana 100% Juice Whole Grain Toast Beverage Choice	Blueberry Muffin Bacon <i>or</i> Sausage <i>and</i> Egg of Choice <i>and</i> Oatmeal 100% Juice Whole Grain Toast Beverage Choice
L U N C H	MOTHER'S DAY Green Salad Chicken with Cream Sauce <i>or</i> Beef Roast with Gravy Classic Mashed Potatoes Creamed Corn Apple Pie Ala Mode	Sprinkled Fruit Salad Pepper Beef Tips over Rice <i>or</i> Cottage Cheese and Fruit Platter Peas and Baby Carrots Whole Grain Bread Ice Cream	Tropical Mixed Fruit Hamburger Gravy Buttered Noodles Capri Blend Whole Grain Bread Peach Crisp	Garden Green Salad Italian Lasagna Cottage Cheese with Mandarin Oranges Classic Lima Beans Focaccia Ice Cream	Applesauce with Topping Pineapple Glazed Ham Loaf Roasted Sweet Potatoes Brussels Sprouts Lemon Pudding	Green Salad Honey Lemon Salmon <i>or</i> Asian Orange Chicken Fried Rice Asian Coleslaw Whole Grain Bread Ice Cream	Peaches Swedish Meatballs Steamed Red Potatoes Mixed Vegetables Whole Grain Bread Cranberry Apple Crisp
D I N N E R	Bean and Bacon Soup Ham Salad Sandwich <i>or</i> Turkey Summer Pasta Salad Potato Chips Harvard Beets Jello & Whip Cup	Farmhouse Turkey Barley Soup Bacon Cheddar Ranch Chicken Salad <i>or</i> Sloppy Joes Amish Macaroni Salad Green Beans Chocolate Peanut Butter Cookie	Vegetable Barley Soup Ham and Pickle Sandwich <i>or</i> Corned Beef Special Sandwich Red Potato Salad Roasted Cauliflower Whole Grain Bread Assorted Desserts	Classic Chicken Noodle Soup Summer Salad Plate <i>or</i> Smokehouse Burger French Fries Fried Green Tomatoes Chocolate Chip Cranberry Cookie	Beef Noodle Soup Chicken Patty Sandwich <i>or</i> All Beef Hot Dog Potato Chips Cranberry Broccoli Salad Oreo Delight	Creamy Tomato Basil Soup Sausage Pizza <i>or</i> Seafood Salad Apple Slices Three Bean Salad Assorted Desserts	Ham and Cabbage Soup Bratwurst with Peppers and Onions <i>or</i> Deli Swiss Sandwich Fruit Cup Peas Whole Grain Bread Red Velvet Crinkle Cookie