

3



## DESSERTS

#### **Sweet of the Week**

(Ask your server for details)

**Strawberry Shortcake** 

**Chocolate Mousse** 

#### Ice Cream Sundae

Choice of - Vanilla | Chocolate Strawberry | NSA Vanilla Butter Pecan | Mint Chip

Topped with Chocolate, Whipped Cream, Cherries & Chopped Nuts

**Diabetic Sweet of the Week** 

(Ask your server for details)

## STARTERS 3

#### Salad of the Week

(Ask your server for details)

**House Salad** 

Iceberg Lettuce | Tomato
Carrot | Cucumber

Soup of the Day

(Ask your server for details)

**Chicken Noodle Soup** 

## **Dressings**

Blue Cheese | 1000 Island | Ranch Poppy Seed | Italian | Balsamic French

## **BEVERAGES**

#### **Soft Drinks**

Coke | Diet Coke | Coke Zero | Sprite Lemonade | Sweet tea | Arnold Palmer

#### Juice & More

Orange Juice | Apple Juice
Cranberry Juice | Peach Cocktail
Tomato Juice | Hot Chocolate | Milk

Coffee | Water | Tea

## **WINES**

(One glass limit)\*

Chardonnay

**Cabernet Sauvignon** 

White Zinfandel

# Heart Healthy Heart

(all options are served with no added salt, butter, or oil)

Grilled Chicken Breast 7

Wheat Sandwich Wrap 8

Mediterranean Chicken Salad 8

GF - GLUTEN FREE
GFA - GLUTEN FREE AVAILABLE
D - DIABETIC FRIENDLY (WITHOUT SAUCE)





# **Lunch Special**

8 Points

Please ask your servers for todays specials.

Choice of two sides (One side w/pastas)

Choice of soup or salad

## **HANDHELDS**

[All sandwiches served with lettuce, tomato, mayo, coleslaw, and one side]

Deli Sandwich GFA

7

10

Choice of Turkey | Ham Peanut Butter and Jelly(4)

California Burger GFA 10

[Sub vegetarian burger]
Beef Patty | Monterey Jack | Lettuce
Tomato | Onion | Brioche Bun |
Avocado | Bacon

Trio Salad

Tuna Salad | Egg Salad | Chicken Salad

BLT <sub>GFA</sub>

Bacon | Lettuce | Tomato | Mayo

Tuna Melt 10

Served on English Muffin with Cheddar

Ultimate Grilled Cheese GFA 7

Swiss | Cheddar | American

### **A LA CARTE**

Choice of two sides (One side w/pastas)

**▲** Choice of soup or salad

**Shrimp Scampi** 

13

Pasta | Garlic | White Wine

Sirloin Steak GF 13

Chicken and Berry Salad

12

Strawberries | Blueberries | Grilled Chicken Mandarin Oranges | Feta | Candied Walnuts

Grilled Chicken Alfredo GF 12

Grilled Chicken Breast | Pasta Alfredo Sauce

Catch of the Day GF 12

(Ask your server for details)

Meatloaf 12

**Chicken Wings** 

12

Tossed in your choice Buffalo | BBQ Parmesan Garlic

Roosevelt Breakfast 9

Scrambled Eggs, Pancakes, Bacon or Sausage, Choice of Toast

#### AVAILABLE SIDES - ALA CARTE 3

Mashed Potatoes

Beets

Baked Potato Baked Sweet Potato Steamed Vegetables
Peas and Onions
House Side Salad

French Fries Brown Rice

Brussel Sprouts w/Bacon

GF - GLUTEN FREE GFA - GLUTEN FREE AVAILABLE D - DIABETIC FRIENDLY (WITHOUT SAUCE)