

WEEK OF: SAMPLE MENU						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
12/12/24	12/13/24	12/14/24	12/15/24	12/16/24	12/17/24	12/18/24
Sausage	Bacon	Country Ham	Sausage		Bacon	Sausage
Scramble eggs	Eggs	Pancakes	Toast		Scramble eggs	French toast
Toast			Oatmeal	Cereal	Yogurt	Yogurt
	waffles	Eggs	Peanut butter	Toast	Toast	Syrup
Bananas	Fruit	Strawberries	Blueberries	Fruit	Peaches	Oranges
Hot Tea-Milk Assorted Juices	Hot Tea-Milk Assorted Juices	Hot Tea-Milk Assorted Juices	Hot Tea-Milk Assorted Juices	Hot Tea-Milk Assorted Juices	Hot Tea-Milk Assorted Juices	Hot Tea-Milk Assorted Juices
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Grilled Chicken	Broccoli Tuna Casserole	Italian Sausage & Pasta	Shrimp and mix	BBQ Ribs	Lasagna	Chicken Alfredo
Veggies	Veggies	Steamed veggies	Bell Peppers	mac and cheese	Veggies	Veggies
Mashed potatoes	Garlic Toast	Texas toast	Roasted Potatoes	Green Beans	Toast	Bread Sticks
Pecan Pie	Ice cream	Cake	Fresh Fruit	Pie	Fresh Fruit	Fresh Fruit
Hot Tea-Milk Assorted Juices	Hot Tea-Milk Assorted Juices	Hot Tea-Milk Assorted Juices	Hot Tea-Milk Assorted Juices	Hot Tea-Milk Assorted Juices	Hot Tea-Milk Assorted Juices	Hot Tea-Milk Assorted Juices
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef Stew	Chicken Salad sandwiches	Breaded Chicken	Porkchops Stew	Spaghetti Meatballs	Potato Soup	BBQ Chicken
Corn Bread	Tomato Soup	Rice	Bread Rolls	Texas Toast Veggies	Grilled cheese	Mac n Cheese green beans
fruit	yogurt	Steamed Veggies	cookies	Fresh Fruit	Chocolate Cake	Fruit
Tea-Juice-Water Assorted Juices	Tea-Juice-Water Assorted Juices	Tea-Juice-Water Assorted Juices	Tea-Juice-Water Assorted Juices	Tea-Juice-Water Assorted Juices	Tea-Juice-Water Assorted Juices	Tea-Juice-Water Assorted Juices
SAMPLE MENU - NOTE: Alternative menu Items are always available for residents who prefer to eat something not shown on the menu						