

Breakfast

Daily Offerings

Toasted Breads

White, Wheat, Rye, Multi-grain, Raisin Bread, Bagels & English Muffins with Jelly and Butter

♥ Hot & Cold Cereal Selections

Oatmeal, Raisin Bran, Corn Flakes, Cheerios, Rice Krispies

♥ Fruit and Yogurt

Fresh Seasonal Fruit Cup
Yogurt – Plain, Vanilla or Strawberry

Fresh from the Oven

A Daily Variety of Freshly Baked Muffins

♥ From the Griddle

Buttermilk Pancakes, Blueberry Pancakes or Cinnamon French Toast

Eggs and Omelets

Eggs Prepared To-Order*

Scrambled, Fried or Poached. Served with Bacon or Sausage, Home Fries and Toast

Omelet Selections*

Create your Favorite: Peppers, Onion, Tomato, Bacon, Sausage, Ham, Swiss or American Cheese with Toast and Home Fries

Weekly Specials

Sunday

Eggs Benedict* with Home Fries

Monday

Belgian Waffles, Seasonal Berries and Warm Syrup

Tuesday

Smoked Salmon, Toasted Bagel and Cream Cheese

Wednesday

Donuts and Danish Pastries from our Local Bakery

Thursday

Breakfast Sandwich with Fried Egg,* Ham and American Cheese on English Muffin

Friday

Cheese Blintz with Fruit Sauce

Saturday

Corned Beef Hash and Eggs*

♥ Egg Beaters are available upon request

Beverages

Coffee | Tea | Juices: Cranberry, Apple, Orange | Milk | Soft Drinks

♥ Indicates items that are appropriate for low fat, reduced salt and reduced sugar diets.

Please inform your server if a person in your party has a food allergy.

* These items may be served undercooked. Consuming raw or undercooked foods may increase your risk of food-borne illness.

Lunch & Dinner

Soup of the Day

The chef's daily creation

Salad Selections

♥ Garden Salad

Mixed greens with tomato, cucumber, red onions and olives. Choice of dressing

♥ Caesar Salad

Appetizer or entrée size. Crisp, hand-cut romaine lettuce tossed with Caesar dressing, croutons and shaved Parmesan cheese

- ♥ Add grilled chicken or grilled salmon to your garden salad or Caesar salad

Chef's Salad

Turkey, ham and Swiss cheese and hard-boiled egg served on mixed greens with tomato, cucumber, olives and red onion. Choice of dressing

Scoop Salad

A scoop of freshly made tuna salad, chicken salad or egg salad served on a garden salad. Choice of dressing

♥ Cottage Cheese and Fruit

Low-fat cottage cheese with fresh fruit

Dressing selections: Ranch, Thousand Island, French, Low Cal Italian, Lite Raspberry Vinaigrette, Blue Cheese, Oil & Vinegar, Benchmark Signature Dressing

Omelets & Eggs

Omelets* Choice of peppers, onions, ham, American, Swiss or Provolone cheese. Served with toast

Scrambled Eggs* with toast

- ♥ *Egg Substitute is Available Upon Request*

♥ Grilled Chicken Breast

Boneless, marinated chicken breast with vegetable of the day or on choice of bread with lettuce and tomato

♥ Grilled Salmon

Fresh herbs and lemon, served with starch and vegetable of the day

Pasta Marinara with Meatballs

Benchmark Angus Steak Burger*

¼ lb. Angus burger with choice of toppings

Hot Dog

All-beef Kosher hot dog served on a toasted bun

Grilled Cheese and Melt Sandwiches

American or Swiss cheese on your choice of bread. Add ham, turkey, tuna salad or tomato to create a delicious melt

Entrée Specials

Our chef's daily lunch and dinner menu additions

Deli Sandwich Selections

Baked Ham | ♥ Low Sodium Turkey Chicken Salad | Egg Salad | Tuna Salad Swiss, American or Provolone Cheese

Half Deli Sandwich & Cup of Soup

All sandwiches are served with a choice of chips & pickles, fruit salad or side salad

Bread Selections: whole wheat, white, multi-grain or rye bread, hamburger bun or hot dog roll

♥ Always Available Sides

Baked Potato | Baked Sweet Potato Steamed Carrots | Pasta Marinara

Beverages

Coffee | Tea | Juices: Cranberry, Apple, Orange | Milk | Soft Drinks

- ♥ Indicates reduced fat, salt and sugar and are appropriate for these diets

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