

Bistro Entrees

Tortilla Crusted Tilapia	\$8.75
Country Fried Chicken	\$8.75
Beef Ravioli	\$8.75



Bistro Evening Carver

served daily from 4pm - 6:30pm with choice of two sides

Sun - Roast Beef	\$8.75
Mon - Roasted Chicken	\$8.75
Tue - Baked Ham	\$8.75
Wed - Meatloaf	\$8.75
Thur - Roast Pork	\$8.75
Fri - Chef Special	\$8.75
Sat - Mixed Barbecue Plate	\$8.75



Bistro Sides

Pickled Beets	\$3.00
Broccoli & Rice Casserole	\$3.00
Macaroni and Cheese	\$3.00
Pinto Borracho Beans	\$3.00
Scalloped Apples	\$3.00
Vegetable of the Day	\$3.00
Seasoned Spinach	\$3.00
Scalloped Potatoes	\$3.00



Bistro Breakfast

Biscuits and Gravy	\$6.50
Belgian Waffle	\$6.50
Breakfast Croissant	\$7.00
Continental Express	\$6.00
Fresh Fruit Cup	\$3.75
Oatmeal	\$3.25



Bistro Brunch

served Saturday and Sunday 8am - 2pm

French Toast	\$7.50
Western Omelet	\$7.75
Cheese Blintz	\$7.50



Desserts

Assorted Dessert Bars	\$5.00
Cheesecake	\$5.00
Red Velvet Cake	\$5.00
Berry Tart	\$5.00



Hot Beverage Creations

Latte	\$4.00
Cappuccino	\$4.00
Espresso	\$4.00
Hot Chocolate	\$4.00



Alcoholic beverages are available:
Monday - Saturday 11 am - 6 pm & Sunday 12 pm - 6 pm

Beers

Budweiser	\$4.00
Bud Light	\$4.00
Heineken	\$4.00
Shiner Bock	\$4.00



Wines

Cabernet Sauvignon	\$4.00
Chardonnay	\$4.00
Merlot	\$4.00
White Zinfandel	\$4.00



Frozen Drinks

Classic Margarita	\$5.00
Frozen Hurricane	\$5.00



Bistro Mini Bar Bites

Texas Frito Pie	\$4.50
Mozzarella Cheese Sticks	\$5.75
Vegetable Spring Roll	\$5.00
Roasted Chicken Wings	\$5.75

MENU



Bistro Paninis & Sandwiches



Roast Beef Panini	\$8.25
Ham & Cheese Panini	\$8.25
Sandwich of the Week	\$7.50
<i>(ask your server)</i>	

You may request any sandwich without cheese.
Please allow for additional time for preparation.

Bistro Flatbread Pizzas

Meat Lovers	\$8.50
Vegetable Supreme	\$8.50
Pepperoni and Sausage	\$8.50



You may request any flatbread without cheese.
Please allow for additional time for preparation.

Bistro Soups & Salads



Soup of the Day	\$4.75
Southwest Chicken Salad	\$7.50
B-L-T Salad	\$7.50
Garden Side Salad	\$3.00
Fresh Fruit Salad	\$3.75

BREAKFAST(M-F 7:30AM-9AM) DOORS OPEN AT 7:30
FRIED EGGS AVAILABLE UPON REQUEST

MONDAY

BISCUIT & GRAVY W/BACON STRIP AND
SCRAMBLED EGG

TUESDAY

TACO TUESDAY: W/ PICANTE SAUCE
SCRAMBLED EGGS W/BACON WRAP IN
FLOUR TORTILLA & GRITS OR
SCRAMBLE EGG W/SAUSAGE & TOAST

WEDNESDAY

WESTERN OMELET
BREAKFAST POTATOES AND TOAST
OR SCRAMBLED EGG W/SAUSAGE

THURSDAY

CHEF'S SPECIAL WITH SCRAMBLED
EGGS & SAUSAGE OR SCRAMBLED EGG
W/SAUSAGE AND TOAST

FRIDAY

FRIED EGGS WITH BACON STRIPS AND
TOAST OR SCRAMBLED EGG

DINING ROOM UPDATES

Join us for our first of the year Happy Hour
Friday, January 31st, 2025 D. R. @ 4:30pm
BRISTRO WILL BE CLOSED

FOR DINNER

CONTINENTAL BREAKFAST INCLUDES A CHOICE OF
THE FOUR OF THE FOLLOWING ITEMS: \$5.00

- ⇒ PASTRY, ENGLISH MUFFIN OR WHEAT TOAST
 - ⇒ COLD CEREAL OR HOT OATMEAL
 - ⇒ YOGURT(1) OR MILK
 - ⇒ SIDE OF FRESH FRUIT OR BANANA
- (Any Additional Choices will be Charged to Your Meal Account)

HOT BREAKFAST \$7.00 Monday thru Friday
INCLUDING 2 CHOICE ITEMS FROM ABOVE
(COFFEE OR JUICE INCLUDED IT)

WEEKLY MENU

JAN 27 - FEB 2

SAVORY EXPRESSIONS



B R O O K D A L E
SENIOR LIVING

Dining Service Hours:

Breakfast—Pick up or Delivery
7:30am to 9:00am

(Doors will be open at 7:30am Dine-In)
Lunch—11:00am to 1:00pm
(TO-GO) Orders for Delivery
CALL 281-903-2005

BISTRO HOURS:

Mon-Fri: Bistro— 9:00am - 6:30pm

Sat & Sun Bistro—8:00am - 6:30pm

Bistro Carving Station Hours: 4:00pm - 6:15pm
Wine & Beer Service Hours: 11am-6:00pm

ALTERNATE MEALS

Optimum Life Cuisine Options are prepared with reduced sodium, fat and cholesterol

LUNCH

(MON—FRI Service Begins 11:00am-1:00pm)

Lunch includes: Soup OR Salad. Entrée. Dessert \$10.00

Bread Rolls Available upon Request

Monday Quiche Lorraine

Sliced Tomatoes & Dill Carrots

Monday

Cream of Asparagus OR Pasta Salad
Chicken Tampico

Tuesday Stuffed Manicotti

Served with Garlic Bread

Tuesday

Chicken Tortilla Soup OR Chopped Salad
Homemade Beef Bell Pepper
Kettle Corn & Green Peas
Banana Pudding OR NSA Dessert *

Wed

Veal Parmesan
Pasta & Steamed Broccoli

Thursday B.B.Q Roasted Chicken

Baked Beans & Potato Salad

HAPPY CHINESE NEW YEAR 2025

Friday

Catch of the Day w/Lemon Wedge
Baked Sweet Pot. and Sautéed Cabbage
(Tartar Sauce Available Upon Request)

Wednesday Beef Barley Soup OR Classic Caprese Salad

Stuffed Flounder w/Lemon Butter Sauce
Dumplings and Sugar Snap Peas
Coconut Pineapple Cake OR NSA Dessert *

Thursday

Seafood Chowder Soup OR House Salad
Stuffed Pork Tenderloin w/Gravy
Scalloped Apples & Mustard Greens
Chocolate Merengue Pie OR NSA Dessert *

Friday

Soup of the Day OR Jell-O salad
B.B.Q Pulled Pork Sandwich
Side of Cole Slaw
Ice Cream of the Day or NSA Dessert *

*Residents May Not use their Account Meals for Guest Meal
Guest May Pay Meals by Credit Card or Charge to Resident Account*

LUNCH OPTIONS - MONDAY THRU FRIDAY

AA1 CHICKEN SALAD WITH MUFFIN AND FRESH FRUIT

AA2 FRUIT PLATTER WITH SIDE OF YOGURT

AA3 GRILLED HAM & TOMATO W/POTATO CHIPS

AA4 CHICKEN CARIBBEAN SALAD W/SIDE DRESSING

AA5 CATCH OF THE DAY W/VEGETABLES OF THE DAY *

*Available Monday thru Thursday **

Saturday

PLATTER (11AM - 1PM)
Chicken Parmesan w/Marinara Sauce
Linguini pasta and Peas & Carrots

Sunday

CARVED PLATTER (11AM - 1PM)
Spared B.B.Q Pork Ribs
Potato Salad & Country Green Beans