

WEEK OF: *July 21st – July 27th*

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

BREAKFAST

*Breakfast
Buffet*

7:00am -9:30am

Biscuit and Gravy

*Breakfast
Buffet*

7:00am -9:30am

Hash brown
Casserole

*Breakfast
Buffet*

7:00am -9:30am

Kolaches

*Breakfast
Buffet*

7:00am -9:30am

Cheese Blintz with
Strawberry Glaze

*Breakfast
Buffet*

7:00am -9:30am

Country Skillet

*Breakfast
Buffet*

7:00am -9:30am

Pancakes

*Breakfast
Buffet*

7:00am -9:30am

Biscuit and Gravy

LUNCH &
DINNER

Sunday Brunch

Carved Beef Brisket

Rotisserie Chicken

Smothered Breaded

Pork Chops

Lemon Pepper

Tilapia

Roasted Red

Potatoes

Seasoned Zucchini

Garlic Mashed

potatoes

Seasoned Carrots

Biscuits and Gravy

Omelet Station

Waffle Station

Dessert

Assorted

Chicken and Sausage

Gumbo Soup

Option one:

New Orleans Red

Beans, Smoked

Sausage and Jasmine

Rice

Option two:

Lemon Pepper

Chicken

Scalloped Potatoes

Sides

Green Peas and

Carrots or Buttered

Corn

Mindful Choice

Tuna Salad on a

Croissant

Dessert

Assorted Dessert

*Cream of Spinach
Soup*

Option one

Ham Steak with

Pineapple cherry

sauce

Mashed Sweet

Potatoes

Green Peas

Option two

Shepard Pie

With Cornbread

Mindful Choice

Fiesta Salad

Dessert

Chocolate Cream Pie

*Tomato Florentine
Soup*

Option one

Spaghetti and Meat

sauce

Seasoned Mixed

Vegetables

Option two:

Chicken Marsala

Angel Hair pasta

Green Beans

Mindful Choice

Egg Plant Parmesan

Dessert

Fudge Brownies

*Chicken Tortilla
Soup*

Option One:

Beef Enchilada

Casserole

Fiesta Corn

Option Two:

Chicken and Cheese

Tamales with a

Cilantro Lime Sauce

Mexican Rice

Black Beans

Mindful Choice

Carnita Taco with

Avocado Mango

Salsa

Dessert

Flan

*Chicken Noodle
Soup*

Option one:

Fried Catfish

With Hushpuppies

Creamy Coleslaw

Sweet Potato Fries

Option two:

Baked Ziti

Seasoned Green

Beans with Garlic

Bread

Mindful Choice

Shrimp Salad with

Avocado on a

Croissant and Fresh

Fruit

Dessert

Assorted

Vegetable Soup

Option one:

Chopped Sirloin

Steak with

Mushroom Gravy

Mashed Potatoes

Green Peas and

Carrots

Option two:

Baked Chicken

Rice Pilaf and Lima

beans with Ham

Mindful Choice

Crab Cake served

with Broccoli Slaw

Dessert

Cherry Crisp