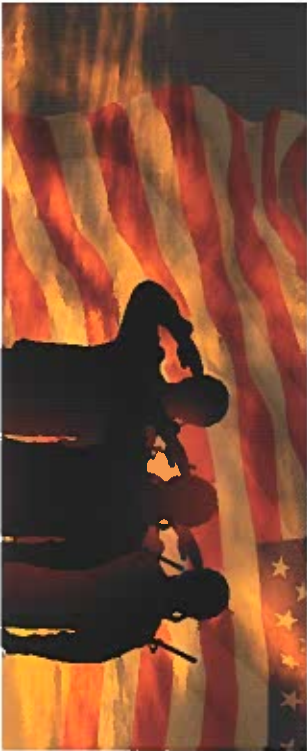




Veterans Day

Veterans Day is a day to honor all the men and women who sacrificed their lives in the greatest effort of selflessness. They left all forms of normalcy to make the ultimate selfless act to go to battle for peace and freedom, which we often take for granted. To the ones still with us from WWII through to the newest generation still in training, we thank you for your courage and we thank you for your commitment. Thank you, veterans.



Gingerbread House

This gingerbread event is a pillar in our community. To build a Gingerbread house is an exercise in creativity, using your fine motor skills, encouraging you in being more social in your community and honesty it's just a lot of fun! This hands on sticky activity is such a good way for new residents to get involved and not only make new friends in their new community but also make new memories.

Resident Birthdays

James Zelenka	11/1
Betty Nelson	11/4
Bob Penland	11/4
Phil Rice	11/6
Patty Dorn	11/9
Madeline Schwarz	11/18
Louis Parrish	11/22
Harry Mears	11/25
Kathy Audino	11/25
Joan Larson	11/29
Bev Spicer	11/29
Donna Reeves	11/30



Inspiration

They teach us so much—
These two!
He from his hospital bed
And she by his side
Day after day!
Each, in tune with the other,
Finds creative ways
To make “I love you”
A constant atmosphere
Rather than only a spoken phrase.
How can those of us
Who would place limits on love
Understand the extent of theirs?
How can we of lesser faith
Understand the depth of theirs
Which is the foundation of
their strength?
This is their good work:
To challenge us all
To grow in love & faith
And to pass it on!
-Louis Parrish

Month at a Glance

Can't Miss Activities!

- 4th Sheleem Klein Performance
- 5th National Doughnut Day
- 6th Generational Disco
- 11th Veterans Day
- 13th Coffee & Pie Tasting
- 20th Al Mahan
- 27th Thanksgiving Day
- 28th National French Toast Day



Bella Vista

Gracious Retirement Living

55 Piney Mountain Drive • Asheville, NC 28805 • Phone (828) 255-8255 • www.seniorlivinginstyle.com



November 2025

Bella Vista Staff

- Managers Steven Myers and Bethany Priestler
- Assistant Manager John Landers
- Executive Chef Frank Winer
- Maintenance Dwight Hagan
- Transportation Samantha Patterson
- Activity Coordinator

Transportation

- Monday & Wednesday: 9am-12pm & 1:30pm-3pm: Shopping
- Tuesday & Thursday: 9am-12pm & 1:30pm-3pm.: Medical Appointments
- Friday: Shopping or Outing
- Hairdresser and Nail Technician: Tanya 828-216-3812 Rose 828-782-8665

HAWTHORN SENIOR LIVING



Attitude of Gratitude

In the rush of daily life, it's easy to overlook small moments and simple things that bring us happiness. We often chase goals, solve problems and plan, but seldom take time to appreciate what we already have. Gratitude is a powerful habit that brings us peace, strengthens our relationships and builds resilience.

Gratitude doesn't have to come from big achievements or extraordinary moments. Sometimes, it's the small things that make the greatest difference—a warm cup of coffee in the morning, a smile from a stranger or the comfort of your own bed after a long day. Here are some ways you can spread gratitude:

- Gratitude journal. Write down three things you're thankful for each day.
- Say thank-you. Let people know you appreciate them.
- Daily reflection. Take a few minutes each evening to think about the good parts of your day.
- What are you grateful for? Pause for a moment, breathe deeply and reflect on the blessings that enrich your life. Gratitude doesn't depend on perfection or achievement; it simply involves being present and noticing the good around you.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 2:00 LI Board Games 2:00 TH Sunday Matinee 3:00 AC UNO! 7:00 TH Sunday Night Movie	 9:30 AC Exercise 10:30 CH Morning Devotion 11:30 AC Chair Yoga 2:00 CR Bridge Club Group 1 2:00 TV Bridge Club Group 3 2:00 LI Scrabble 3:15 AC White Board Games 7:00 TH Monday Night Movie, TH	 9:30 AC Exercise 11:00 AC Wii Bowling 2:00 LI Board Games 2:00 CR Bridge Club Group 6 2:00 TV Bridge Club Group 7 3:30 AC Gingerbread house 7:00 TH Tuesday Night Movie	 4 National Doughnut Day 9:30 CH Catholic Communion 9:30 AC Exercise 10:00 CR Book Club 10:00 CR Pinochle 11:00 AC Scattergories 2:00 CR Bridge Club Group 4 3:30 AC Doughnut Social 4:00 TH The Chosen 7:00 AC BINGO! 7:00 TH Wednesday Night Movie	 5 9:00 GY Free Health Screening 9:30 AC Exercise 10:30 CH Morning Devotion 2:00 CR Bridge Club Group 1 2:00 TV Bridge Club Group 7 2:00 LI Mexican Train 3:30 AC Gingerbread house 7:00 TH Thursday Night Movie	 6 9:30 AC Exercise 10:00 CH Bella Church: Shekinah 10:00 OT Hobby Lobby & Culver's 2:00 LI Board Games 2:00 CR Bridge Club Group 6 2:00 TH Seinfeld Episode 2:30 AC Bible Study 7:00 TH Friday Night Movie	1 9:30 AC Exercise 10:00 CR Pinochle tutorial 2:00 LI Board Games 2:00 CR Bridge Club Group 2 2:00 TH Saturday Matinee 2:15 AC Bean Bag Baseball 7:00 TH Saturday Night Movie
9 Board Games 2:00 TH Sunday Matinee 3:00 AC UNO! 7:00 TH Sunday Night Movie	10 9:30 AC Exercise 10:30 CH Morning Devotion 11:30 AC Chair Yoga 2:00 CR Bridge Club Group 1 2:00 TV Bridge Club Group 3 2:00 LI Scrabble 3:15 AC White Board Games 7:00 TH Monday Night Movie, TH	11 Veterans Day 9:30 AC Exercise 11:00 AC Wii Bowling 2:00 LI Board Games 2:00 CR Bridge Club Group 6 2:00 TV Bridge Club Group 7 2:00 AC Veterans Social 3:30 AC Gingerbread house 7:00 TH Tuesday Night Movie	12 9:30 CH Catholic Communion 9:30 AC Exercise 10:00 CR Pinochle 11:00 AC Scattergories 2:00 CR Bridge Club Group 4 3:30 CH Books Etc. 4:00 TH The Chosen 7:00 AC BINGO! 7:00 TH Wednesday Night Movie	13 9:00 GY Free Health Screening 9:30 AC Exercise 10:30 CH Morning Devotion 11:00 AC Chef's Chat 2:00 CR Bridge Club Group 1 2:00 TV Bridge Club Group 7 2:00 AC Coffee & Pie Tasting 2:00 LI Mexican Train 3:30 AC Gingerbread house 7:00 TH Thursday Night Movie	14 9:30 AC Exercise 10:00 CH Bella Church: Shekinah 10:00 OT Lake Louise & Twisted Laurel 2:00 LI Board Games 2:00 CR Bridge Club Group 6 2:00 TH Seinfeld Episode 2:30 AC Bible Study 7:00 TH Friday Night Movie	15 9:30 AC Exercise 10:00 CR Pinochle tutorial 2:00 LI Board Games 2:00 CR Bridge Club Group 2 2:00 TH Saturday Matinee 2:15 AC Bean Bag Baseball 3:00 AT Bella Church Sing Along 7:00 TH Saturday Night Movie
16 2:00 LI Board Games 2:00 TH Sunday Matinee 3:00 AC UNO! 7:00 TH Sunday Night Movie	17 9:30 AC Exercise 10:30 CH Morning Devotion 11:30 AC Chair Yoga 2:00 CR Bridge Club Group 1 2:00 TV Bridge Club Group 3 2:00 LI Scrabble 3:15 AC White Board Games 7:00 TH Monday Night Movie, TH	18 9:30 AC Exercise 10:00 AC Wii-Bowling 11:00 AC Manager/Resident mtg 2:00 LI Board Games 2:00 CR Bridge Club Group 6 2:00 TV Bridge Club Group 7 3:30 AC Gingerbread house 7:00 TH Tuesday Night Movie	19 9:30 CH Catholic Communion 9:30 AC Exercise 10:00 CR Pinochle 11:00 AC Scattergories 2:00 CR Bridge Club Group 4 3:30 AC Brain Games 4:00 TH The Chosen 7:00 AC BINGO! 7:00 TH Wednesday Night Movie	20 9:00 GY Free Health Screening 9:30 AC Exercise 10:30 CH Morning Devotion 2:00 CR Bridge Club Group 1 2:00 TV Bridge Club Group 7 2:00 LI Mexican Train 3:30 AC Gingerbread house 7:00 TH Thursday Night Movie	21 9:30 AC Exercise 10:00 OT Arboretum & Moose Cafe 10:00 CH Bella Church: Shekinah 2:00 LI Board Games 2:00 CR Bridge Club Group 6 2:00 TH Seinfeld Episode 2:30 AC Bible Study 7:00 TH Friday Night Movie	22 9:30 AC Exercise 10:00 CR Pinochle tutorial 2:00 LI Board Games 2:00 CR Bridge Club Group 2 2:00 TH Saturday Matinee 2:15 AC Bean Bag Baseball 7:00 TH Saturday Night Movie
23 2:00 LI Board Games 2:00 TH Sunday Matinee 3:00 AC UNO! 7:00 TH Sunday Night Movie	24 9:30 AC Exercise 10:30 CH Morning Devotion 11:30 AC Chair Yoga 2:00 CR Bridge Club Group 1 2:00 TV Bridge Club Group 3 2:00 LI Scrabble 3:15 AC White Board Games 7:00 TH Monday Night Movie, TH	25 9:30 AC Exercise 11:00 AC Wii Bowling 2:00 LI Board Games 2:00 CR Bridge Club Group 6 2:00 TV Bridge Club Group 7 3:30 AC Gingerbread house 7:00 TH Tuesday Night Movie	26 9:30 CH Catholic Communion 9:30 AC Exercise 10:00 CR Pinochle 11:00 AC Scattergories 2:00 CR Bridge Club Group 4 3:30 AC Brain Games 4:00 TH The Chosen 7:00 AC BINGO! 7:00 TH Wednesday Night Movie	27 Thanksgiving 9:00 GY Free Health Screening 9:30 AC Exercise 10:30 CH Morning Devotion 2:00 CR Bridge Club Group 1 2:00 TV Bridge Club Group 7 2:00 LI Mexican Train 3:30 AC Gingerbread house 7:00 TH Thursday Night Movie	28 National French Toast Day 9:30 AC Exercise 10:00 CH Bella Church: Shekinah 12:00 OT TGI Fridays for lunch 2:00 LI Board Games 2:00 CR Bridge Club Group 6 2:00 TH Seinfeld Episode 2:30 AC Bible Study 7:00 TH Friday Night Movie	29 9:30 AC Exercise 10:00 CR Pinochle tutorial 2:00 LI Board Games 2:00 CR Bridge Club Group 2 2:00 TH Saturday Matinee 2:15 AC Bean Bag Baseball 7:00 TH Saturday Night Movie
30 2:00 LI Board Games 2:00 TH Sunday Matinee 3:00 AC UNO! 7:00 TH Sunday Night Movie						