October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			10:00 Chair Yoga with Breathing and Stretching 10:00 LCR 11:00 Morning Music and Movement with Wayne 1:00 Beach Walk Outing 1:00 John Clark and his Great American Music Experience presents 2:00 Balance and Strength Class 3:00 Mexican Train 3:45 Weymouth Farmers Market 4:15 Mindfulness Meditation 6:00 Dancing with the Stars Disney + 6:00 Game 2 Red Sox Playoff	10:00 Yoga with Sue 11:00 Crossword Puzzles and 9 Letter Word Problems 11:00 Golf Putting Contest 11:00 Shopping Trip Big Y, Home Goods and TJ Maxx 1:00 Training in Fitness Room 2:00 Veterans Cafe with Stacey 3:00 Rummikub 4:00 BINGO 4:00 Resident Reception 6:00 No Country for Old Men 6:00 Game 3 Red Sox Playoff	9:00 Men's Morning Discussion 10:00 Chair Yoga with Breathing and Stretching 11:00 Corn Hole 11:00 Sewing Circle 11:30 Poker at the Whipple Center 1:00 Sudoku 2:00 Cardio Drumming 2:00 The Making of Butch Cassidy and the Sun Dance Kid Amazon 3:00 Canasta 4:00 Happy Hour with Live Music by Mike Dardis 6:00 Resident Choice Movie	10:00 Chair Yoga with Angelina 11:00 Drop in Craft Time with Angelina 12:00 Tai Chi 12:00 Best of 5 Phillies Game 1 Time TBD 1:00 Games Galore 4:00 Titanic Prime 6:00 Fire Pit Social
5	6	7	8	9	10	11
10:00 Mass from the University of Notre Dame at 10 AM 8:00 Patriots vs Bills	9:00 Women's Tea Hour 10:00 Chair Yoga with Breathing and Stretching 10:00 Meet the Tribute Director and Learn How Great Caregiver brings joy and peace of mind to your life 11:00 Wordle and other New York Times Puzzles 12:00 Best of 5 Phillies Game 2 Time TBD 1:00 Knitting and Crochet with Leslie Donating Hats to ABC 2:00 Cribbage 2:00 Documentary explained Dance Crazes 3:00 Mahjong 4:00 Walking Club Indoor 4:00 Name that Tune Hulu 6:00 Fire Pit Social	10:00 Chair Yoga with Breathing and Stretching 11:00 Shopping Trip to Shaws, Stop and Shop and Walmart 11:00 Bocce Ball 11:00 Arm Chair Travel to Greece 1:00 Brain Games 2:00 Weights for Bone Density with Gentle Yoga 2:00 Resident Council Meeting 3:00 Kings in the Korner 4:00 Walking Club Indoor 6:00 Rescued by Ruby Netflix	10:00 LCR 10:00 Chaboom with Lauretta 11:00 Drop in Fall Craft 12:00 Best of 5 Phillies Game 3 Time TBD 12:30 Olde Kids on the Block 2:00 Balance and Strength Class 3:00 Mexican Train 4:15 Mindfulness Meditation 6:00 Dancing with the Stars Disney +	10:00 Chair Yoga with Breathing and Stretching 11:00 Crossword Puzzles and 9 Letter Word Problems 11:00 Golf Putting Contest 11:00 Shopping Trip Big Y, Home Goods and TJ Maxx 12:00 Best of 5 Phillies Game 4 Time TBD 1:00 Training in Fitness Room 2:30 Art Class with Mary 3:00 Rummikub 4:00 Resident Reception with Wine Tasting and Charcuterie Board 6:00 A Walk in the Woods Prime	9:00 Men's Morning Discussion 10:00 Chair Yoga with Breathing and Stretching 11:00 Flower Arranging 11:30 Poker at the Whipple Center 1:00 Jeopardy 2:00 Cardio Drumming 3:00 Canasta 4:00 Happy Hour with live music by Steve King 6:00 Resident Choice Movie	10:00 Chair Yoga with Angelina 11:00 Drop in Craft Time with Angelina 12:00 Tai Chi 12:00 Best of 5 Phillies Game 5 Time TBD 1:00 Games Galore 4:00 Sister Act Netflix 6:00 Fire Pit Social
12	13	14	15	16	17	18
10:00 Mass from the University of Notre Dame at 10 AM 1:00 Patriots vs Saints	9:00 Women's Tea Hour 10:00 Chair Yoga with Breathing and Stretching 11:00 Wordle and other New York	10:00 Chair Yoga with Breathing and Stretching 10:00 Flu Clinic with other vaccines 11:00 Bocce Ball	10:00 Chair Yoga with Breathing and Stretching 11:00 Switzerland with Dana 11:00 Drop in Fall Craft	10:00 Yoga with Sue 11:00 Crossword Puzzles and 9 Letter Word Problems 11:00 Shopping Trip Big Y, Home	9:00 Men's Morning Discussion 10:00 Chair Yoga with Breathing and Stretching 11:00 Crafting	10:00 Chair Yoga with Angelina 11:00 Drop in Craft Time with Angelina 12:00 Tai Chi