

# **NEWSLETTER**

#### May Birthdays

May 18th - James Turner

May 23<sup>rd</sup>- Rebecca Gravett

May 25th- William Waters

May 27- Carol Cooper

## **Special Days**

May 5<sup>th</sup>- Cinco De Mayo

May 6- National Nurses Week Begins, Humana Bingo

May 9th- Mother's Day Tea Party at 2pm

May 10<sup>th</sup> – Mother's Day Saxophone Special at 11am

May 13<sup>th</sup> Bingo with Commonwealth

May 14th- Captain Cook Luncheon

May 16- HearingLife- Hearing Aide Cleaning/ Hearing Testing 2pm-4pm

May 21st – Fishing Trip

May 26- Memorial Day

May 28<sup>th</sup>- Walking Club at River Trail
Walk

May 30th - Walmart Trip

#### **May Newsletter**

April showers brought May delights! After a rainy April, our Cardinal residents are excited for the new opportunities May has in store. We're thrilled to share some highlights from our community.

## **Indoor Garden Thrives**

Our indoor garden is sprouting new life! Residents are enjoying watching the seeds they've planted grow into beautiful plants. The Gardening Club has been busy collecting supplies from Lowe's and adding a splash of color to our memory care and assisted living gardening beds.

## **Outdoor Adventures Ahead**

With the sunshine, our residents are gearing up for outdoor fun! We're looking forward to fishing trips, scenic river trail walks, and spontaneous ice cream outings. It's shaping up to be an exciting month!

\_We hope you're as excited as we are for the adventures May will bring! Stay tuned for more updates from our community.





Our Gardening Club has been busy collecting supplies from Lowes to support our garden, filling bird feeders with fresh bird seeds to attract our feathered friends and refreshing our gardening beds with new soil to prepare for a bountiful harvest.



Our residents had a blast painting birdhouses and decorating flowerpots, embracing their creativity and having fun!