

May 2025 Activities

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



- Room Key -

AR-Activity Room
DR-Dining Room
FL-Front Lobby
FP-Front Parking Lot
B3-Bldg 3



JOIN US!! 1
9:30 Hand Exercise AR
9:45 Dance Exercise AR
10:30 Craft:Make Suncatchers AR
10:30 Knit & Crochet AR
3:00 VS Resident Ideas AR

OUTING 2
9:30 Morning Relaxation AR
9:45 Chair Yoga AR
10:00 Tai Chi Exercise AR
10:00 Book Mobile FP
1:00 Health & Wellness Fair FL

3
11:00 Communion AR
1:00 UNO with Sydney AR

4

Cinco de Mayo 5

9:30 Morning Relaxation AR
9:45 Chair Yoga AR
10:00 Zumba AR
1:30 Bingo AR
3:00 I should have known THAT! (Trivia) AR



OUTING 6

9:30 Hand Exercise AR
9:45 Tai Chi Exercise AR
10:30 Rose Garden & Lunch FL
11:15 Blood Pressure AR
2:30 Diamond Art AR
6:00 Movie Night -AR

7

9:30 Morning Relaxation AR
9:45 Chair Yoga AR
10:00 Zumba AR
10:30 Craft:Make Suncatchers AR
10:00 Bible Study B3
1:30 Bingo AR

8

9:30 Hand Exercise AR
9:45 Dance Exercise AR
10:30 Knit & Crochet AR
No Afternoon Activities

9

9:30 Morning Relaxation AR
9:45 Chair Yoga AR
10:00 Zumba AR
1:30 Bingo AR
5:45 UNO with Sydney AR

10

11:00 Communion AR

11

12

9:30 Morning Relaxation AR
9:45 Chair Yoga AR
10:00 Zumba AR
1:30 Bingo AR
3:00 Rummikub AR

13

9:30 Hand Exercise AR
9:45 Tai Chi Exercise AR
11:15 Blood Pressure AR
1:00 Diamond Art AR
2:30 Ping Pong Toss AR

OUTING 14

9:30 Morning Relaxation AR
9:45 Chair Yoga AR
10:00 Zumba AR
10:00 Bible Study B3
1:30 Bingo AR
5:00 Imaginarium Great Mall & Dinner FL

15

9:30 Hand Exercise AR
9:45 Dance Exercise AR
10:30 Knit & Crochet AR
10:30 Art:Coloring AR
2:00 Book Club B3
3:00 Sequence AR

16

9:30 Morning Relaxation -AR
9:45 Chair Yoga -AR
10:00 Zumba -AR
10:00 Book Mobile -FP
1:30 Bingo -AR

17

11:00 Communion AR
1:00 UNO with Sydney AR

18

JOIN US!! 19

9:30 Morning Relaxation AR
9:45 Chair Yoga AR
10:00 Zumba AR
1:30 Bingo AR
3:00 VS Resident Ideas AR

PARTY!! 20

9:30 Hand Exercise AR
9:45 Tai Chi Exercise AR
11:15 Blood Pressure AR
1:00 Diamond Art AR
4:00 Happy Hour & Dinner AR

21

10:00 St Lawrence Church Mass AR
10:00 Bible Study B3
1:30 Bingo AR
3:00 Rummikub AR

Come Sing!! 22

9:30 Hand Exercise AR
9:45 Dance Exercise AR
10:30 Knit & Crochet AR
2:00 Karaoke & Snacks AR

23

9:30 Morning Relaxation AR
9:45 Chair Yoga AR
10:00 Zumba AR
1:30 Bingo AR
5:45 UNO with Sydney AR

24

11:00 Communion AR

25

Memorial Day 26

Get Together!!
10:00 Donuts, Coffee, Tea and Mingle



1:30 Special Bingo

27

9:30 Hand Exercise AR
9:45 Tai Chi Exercise AR
11:15 Blood Pressure AR
1:00 Diamond Art AR
3:00 Visting Residents w/Barb AR
6:00 Movie Night -AR

Birthday Celebration 28

9:30 Morning Relaxation AR
9:45 Chair Yoga AR
10:00 Zumba AR
10:00 Bible Study B3
1:30 Bingo AR
3:00 Mexican Train AR

JOIN US!! 29

10:00am-4:00pm | AR
Swap your Treasures For New Treasures
10:30 Art:Coloring AR

30

9:30 Morning Relaxation AR
9:45 Chair Yoga AR
10:00 Zumba AR
10:00 Book Mobile FP
1:30 Bingo AR
3:00 Ring Toss AR

31

11:00 Communion AR