

May 2025

SoCo Village Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ASSISTED LIVING & MEMORY CARE "I am not afraid of storms, for I am learning how to sail my ship." — Louisa May Alcott		Resident Birthdays Nancy B. 5/3 Donna W. 5/14 Karla J. 5/15 Gloria R. 5/31	♥ Emotional 🧩 Intellectual 🌀 Physical 🚩 Purposeful 👥 Social 🦋 Spiritual	Dr. Appointment Day 1 10:00 🌀 Exercise Session [AR] 10:30 🧩 Blood Pressure Clinic & Talk w/ PAM Rehab [AR] 11:00 🌀 Walking Club [AR] 1:30 🧩 Game of Blank Slate [AR] 2:30 🦋 Chair Yoga [AR] 3:30 🧩 Uno Card Game [AR]	10:00 🌀 Exercise Session [AR] 2 11:00 🧩 Lunch Outing - Cheesecake Factory [BUS] 2:00 ♥ Book Club w/ Jerry [AR] 3:30 🧩 Happy Hour w/ Trivia [DR] 6:00 ♥ Friday Night - Glass Onion [TR]	10:00 🌀 Rise & Shine Workout [AR] 3 10:30 🧩 Game of Cornhole [CTYD] 11:00 ♥ Rummikub [AR] 1:00 🌀 Destination Walkers [AR] 1:30 🧩 Ad Lib Comic Books [AR] 2:30 🧩 Game of Scrabble [AR] 3:30 🦋 Gentle Yoga [AR] 5:00 ♥ Weekend Movie [TR]
10:00 🌀 Rise & Shine Workout [AR] 4 10:30 🧩 Today in History [AR] 1:00 🌀 Destination Walkers [AR] 1:30 🧩 Bingo [AR] 2:30 🧩 Sunday Social: Rootbeer Floats [AR] 3:30 🦋 Gentle Yoga [AR] 4:00 🧩 Board Games [AR] 4:30 ♥ Sunday Afternoon Classics: Star Wars [AR]	10:00 🌀 Exercise Session [AR] 5 10:30 🧩 Google Arts & Culture Virtual Tour: The Mexican Museum [AR] 11:00 🧩 Word Mining [AR] 12:00 ♥ Cinco De Mayo Luncheon w/ Mariachi Castro [AR] 1:30 🧩 Bridge Game [ULR] 1:30 🧩 Jeopardy! [AR] 3:30 ♥ Cinco de Mayo Celebration w/ Viva Las Aguilas Akins High School Mariachi Ensemble [DR]	Dr. Appointment Day 6 10:00 🌀 Exercise Session [AR] 10:30 🧩 Current Events Talk [AR] 11:00 🚩 Gardening Club [CTYD] 1:30 🧩 Bingo [AR] 2:30 ♥ Music Therapy w/ Lance [AR] 3:30 🦋 Afternoon Stretch [AR]	10:00 🌀 Exercise Session [AR] 7 10:30 🚩 Shopping Trip - Walmart [BUS] 1:30 🧩 Bridge Game [ULR] 1:30 🧩 Loteria [AR] 2:30 🚩 Activities Meeting [AR] 3:30 ♥ DIY Sundae Station [AR]	Dr. Appointment Day 8 10:00 🧩 Memory Caregivers Academy of Austin Students: Dementia Live [AR] 10:30 🧩 Today in History [AR] 11:00 🌀 Walking Club [AR] 1:30 🧩 Game of Blank Slate [AR] 2:30 🧩 Dungeons & Dragons for Beginners w/ Justin [AR] 3:30 🧩 Uno Card Game [AR]	9:30 🧩 Mother's Morning Social by Lori Heart to Heart [AR] 9 10:00 🌀 Exercise Session [AR] 11:00 🧩 Lunch Outing - Serranos Cocina Y Cantina [BUS] 2:00 ♥ Book Club w/ Jerry [AR] 3:30 🧩 Happy Hour w/ Trivia [DR] 6:00 ♥ Friday Night - Carry On [TR]	10:00 🌀 Rise & Shine Workout [AR] 10 10:30 🧩 Game of Cornhole [CTYD] 11:00 ♥ Rummikub [AR] 1:00 🌀 Destination Walkers [AR] 2:30 🧩 Game of Scrabble [AR] 3:00 🌀 Game of Archery [AR] 3:30 🦋 Gentle Yoga [AR] 5:00 ♥ Weekend Movie [TR]
Mother's Day 11 10:00 🌀 Rise & Shine Workout [AR] 10:30 🧩 Musicals Recap [AR] 11:00 🌀 Destination Walkers [AR] 1:00 ♥ Can You Guess The Mother? [DR] 2:00 ♥ Jazz Performance by Harvey Broadway [DR] 2:00 🧩 Mother's Day Wine & Cheese Social [DR] 2:30 ♥ Mother's Day Photography Portraits by Willow [DR] 3:30 🦋 Gentle Yoga [AR]	10:00 🌀 Exercise Session [AR] 12 10:30 🦋 Tai Chi [AR] 11:00 🧩 Word Mining [AR] 1:30 🧩 Bridge Game [ULR] 1:30 🧩 Jeopardy! [AR] 2:00 ♥ Piano Performance by That Girl Dre [DR] 3:00 🧩 Mexican Train Domino Game [LIB]	Dr. Appointment Day 13 10:00 🌀 Exercise Session [AR] 10:30 🧩 Current Events Talk [AR] 11:00 🚩 Gardening Club [CTYD] 1:30 🧩 Bingo [AR] 2:30 🦋 Afternoon Stretch [AR] 3:00 🚩 Resident Council Meeting [AR] 3:30 🧩 Make Air Fried Apple Turnovers [AR]	10:00 🌀 Exercise Session [AR] 14 10:30 🚩 Shopping Trip - HEB [BUS] 1:30 🧩 Bridge Game [ULR] 1:30 🧩 Loteria [AR] 3:00 ♥ Guitar Performance by Greg Reinert [LVR] 5:30 🧩 Game Night with Melissa [AR]	Dr. Appointment Day 15 10:00 🌀 Exercise Session [AR] 10:30 🧩 Today in History [AR] 11:00 🌀 Walking Club [AR] 1:30 🧩 Game of Blank Slate [AR] 2:30 🦋 Chair Yoga [AR] 3:30 🧩 Uno Card Game [AR]	10:00 🌀 Morning Aerobics with Lori Heart to Heart [AR] 16 11:00 🧩 Lunch Outing - Terry Blacks BBQ [BUS] 2:00 ♥ Book Club w/ Jerry [AR] 3:30 🧩 Happy Hour w/ Trivia [DR] 6:00 ♥ Friday Night - Saturday Night [TR]	10:00 🌀 Rise & Shine Workout [AR] 17 10:30 🧩 Game of Cornhole [CTYD] 11:00 ♥ Rummikub [AR] 1:00 🌀 Destination Walkers [AR] 2:30 🧩 Game of Scrabble [AR] 3:00 🌀 Game of Archery [AR] 3:30 🦋 Gentle Yoga [AR] 5:00 ♥ Weekend Movie [TR]
10:00 🌀 Rise & Shine Workout [AR] 18 10:30 🧩 Today in History [AR] 1:00 🌀 Destination Walkers [AR] 1:30 🧩 Bingo [AR] 2:30 🧩 Sunday Social: Ice Cream Sandwiches [AR] 3:30 🦋 Gentle Yoga [AR] 4:00 🧩 Board Games: Mouse Trap [AR] 4:30 ♥ Sunday Afternoon Classics: Selena [AR]	10:00 🌀 Exercise Session [AR] 19 11:30 🧩 Word Mining [AR] 1:30 🧩 Bridge Game [ULR] 2:00 🦋 Tai Chi [AR] 3:00 🧩 Mexican Train Domino Game [LIB] 4:00 🧩 Jeopardy! [AR]	Dr. Appointment Day 20 10:00 🌀 Exercise Session [AR] 10:30 🧩 Current Events Talk [AR] 11:00 🚩 Gardening Club [CTYD] 1:30 🧩 Bingo [AR] 1:30 🧩 Health Talk with Enhabit Home Health [AR] 2:30 🦋 Afternoon Stretch [AR]	10:00 🌀 Exercise Session [AR] 21 10:30 🚩 Shopping Trip - Randalls [BUS] 1:00 🧩 Outing to Monster Mini Golf [BUS] 1:30 🧩 Bridge Game [ULR] 1:30 🧩 Loteria [AR] 2:30 🧩 Tai Chi [AR]	Dr. Appointment Day 22 10:00 🌀 Exercise Session [AR] 10:30 🧩 Today in History [AR] 11:00 🌀 Walking Club [AR] 1:30 🧩 Game of Blank Slate [AR] 2:30 🧩 Dungeons & Dragons for Beginners w/ Justin [AR] 3:30 🧩 Uno Card Game [AR]	10:00 🌀 Exercise Session [AR] 23 11:00 🧩 Lunch Outing - Pinthouse Pizza [BUS] 2:00 ♥ Book Club w/ Jerry [AR] 3:30 🧩 Happy Hour w/ Trivia [DR] 6:00 ♥ Friday Night - Gran Turismo [TR]	10:00 🌀 Rise & Shine Workout [AR] 24 10:30 🧩 Game of Cornhole [CTYD] 11:00 ♥ Rummikub [AR] 1:00 🌀 Destination Walkers [AR] 2:30 🧩 Game of Scrabble [AR] 3:00 🌀 Game of Archery [AR] 3:30 🦋 Gentle Yoga [AR] 5:00 ♥ Weekend Movie [TR]
10:00 🌀 Rise & Shine Workout [AR] 25 10:30 🧩 Musicals Recap [AR] 1:00 🌀 Destination Walkers [AR] 1:30 🧩 Bingo [AR] 2:30 🧩 Sunday Social [AR] 3:30 🦋 Gentle Yoga [AR] 4:00 🧩 Board Games: Mouse Trap [AR] 4:30 ♥ Sunday Afternoon Classics: Dunkirk [AR]	Memorial Day 26 10:00 🌀 Exercise Session [AR] 10:30 🦋 Tai Chi [AR] 11:00 🧩 Word Mining [AR] 1:30 🧩 Bridge Game [ULR] 1:30 🧩 Out to Texas Military Forces Museum [AR] 2:00 🦋 Catholic Communion Service [TR] 3:00 🧩 Mexican Train Domino Game [LIB] 3:00 ♥ National Moment of Remembrance [AR]	Dr. Appointment Day 27 10:00 🌀 Exercise Session [AR] 10:30 🧩 Current Events Talk [AR] 11:00 🚩 Gardening Club [CTYD] 1:30 🧩 Bingo [AR] 2:30 🦋 Afternoon Stretch [AR] 3:00 ♥ Country Performance with Bubba Cox [DR]	10:00 🌀 Exercise Session [AR] 28 10:30 🚩 Sunrise Homeless Navigation Center [BUS] 1:30 🧩 Bridge Game [ULR] 1:30 🧩 Loteria [AR] 2:30 🚩 Shopping Trip - Salvation Army Thrift Store [BUS] 4:00 🧩 Make Your Own Slushie! [AR]	Dr. Appointment Day 29 10:00 🌀 Exercise Session [AR] 10:30 🧩 Today in History [AR] 11:00 🌀 Walking Club [AR] 1:30 🧩 Game of Blank Slate [AR] 2:30 🦋 Chair Yoga [AR] 3:30 🧩 Uno Card Game [AR]	8:00 🧩 Breakfast Outing - Kerbey Lane Cafe [BUS] 30 10:00 🌀 Exercise Session [AR] 10:30 🧩 Chair Yoga [AR] 2:00 ♥ Book Club w/ Jerry [AR] 3:30 🧩 Happy Hour w/ Trivia [DR] 6:00 ♥ Friday Night - Judy [TR]	10:00 🌀 Rise & Shine Workout [AR] 31 10:30 🧩 Game of Cornhole [CTYD] 11:00 ♥ Rummikub [AR] 1:00 🌀 Destination Walkers [AR] 2:30 🧩 Game of Scrabble [AR] 3:00 🌀 Game of Archery [AR] 3:30 🦋 Gentle Yoga [AR] 5:00 ♥ Weekend Movie [TR]