May 2025

 2:30 Make your own Smoothies! 3:30 Rummikub and Games4:00 Garden Care and Watering6:30 Evening Movie

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Creative ENT/Music Emotional Intellectual Outing Physical Purposeful Social Spiritual	Happy	y Mother's Day		 AD Guess Who Clue #5: 9:30 Bible Reading 10:00 Empower Me Wellness Exercise 10:30 Daily Chronicle & Resident-Run Discussion 11:00 Boulder Library Book Check Out 11:15 Boulder Library Discussion on Yesterday's Matinee "I, Tonya" 1:30 Crafting Corner- Derby Hats! 2:30 Ladder Ball 3:30 Evolution of May Day! (AC) 6:30 Evening Movie 	 10:00 Exercise 10:30 Daily Chronicle & Current Events 11:00 Guess Who Revealed 1:00 Target Shopping Outing 2:00 Space Day Documentary: Hubble: The Wonders Of Space Revealed- EP1 (Kanopy) 3:30 Happy Hour and Music 6:30 Evening Movie 	 AD Kentucky Derby Day! 9:30 Morning Mantras/ Meditation 10:00 Chair Yoga with CU Volunteer Allison 10:30 Daily Chronicle & Resident-Run Discussion 11:00 Scattergories 1:30 MorningStar Horse Derby Dice Game 2:30 Learn to Make a Kentucky Derby Mint Julep Cocktail! 3:30 Rummikub and Games 6:30 Evening Movie
 9:30 Spiritual Eldercare Nondenominational Church Service 10:00 Outdoor Morning Stretch Exercise (Weather Pending) 10:30 Daily Chronicle & Resident-Run Discussion 11:00 "May the 4th Be with You" 1:30 Water Color Painting 2:30 World Laughter Day! 3:30 Outburst Game 6:30 Evening Movie 	 10:00 Exercise 10:30 Daily Chronicle & Current Events 11:00 Monday Manicures 1:30 Live Entertainment (Reflections) 2:30 Pin the Tail on the Donkey 2:30 Therapy Dog Visit! 3:30 Cinco De Mayo Fiesta! 6:30 Evening Movie 	9:30 Catholic Communion and Rosary 10:00 Empower Me Wellness Exercise 10:00 MorningStar Monthly Devotional Phone Call 10:30 Daily Chronicle & Resident-Run Discussion 11:00 Balloon Burst 1:30 National Nurses Day Celebration 2:30 Culinary Council 3:00 Well of Grief Memorial with Bloom Healthcare 4:00 Meet the New Residents Cocktail Hour 6:30 Evening Movie	 9:30 Inspirational Readings to Start Your Day Right! 10:00 Exercise 10:30 Daily Chronicle & Current Events 11:30 Nepal House Restaurant and Bar Outing (Walking across the street) 2:30 Mexican Train Dominoes 3:30 Take Your Best Shot Day (AC) 6:30 Evening Movie 	 9:30 Bible Reading 10:00 Empower Me Wellness Exercise 10:30 Daily Chronicle & Resident-Run Discussion 11:00 Crafting Corner- Wood Tulips! 1:00 Life Enrichment Forum 1:30 Raffle Drawing 2:30 Cooking Club 3:30 Rummikub and Games 6:30 Evening Movie 	 10:00 Exercise 10:30 Friday Flag Salute with John 11:00 Discovering Paris Dice Game 1:15 Hand Massages and Aromatherapy 2:00 Europe Day Documentary: Now playing Origins and Identity: The Story of Europe, Part 1 (YouTube) 3:30 Happy Hour and Music 6:30 Evening Movie 	 9:30 Coffee Talk/ Daily Chronicle 10:00 Chair Yoga with CU Volunteer Allison 10:45 Mindful Meditation 1:30 Ashley Sinclair's "The Mother Monologues" 2:30 Raffle Ticket Bingo- Don't Forget your Punch Card! 3:30 Rummikub and Games 6:30 Evening Movie
 AD Guess Who Clue #1: AD Happy Mother's Day! 9:30 Spiritual Eldercare Nondenominational Church Service 10:00 Outdoor Morning Stretch Exercise (Weather Pending) 10:30 Daily Chronicle & Resident-Run Discussion 11:00 Sequence Card Board Game 2:30 Mothers Day Tea Party 3:30 Hedbanz Game 6:30 Evening Movie 	 AD Guess Who Clue #2: 10:00 Exercise 10:30 Daily Chronicle & Current Events 11:00 Group Crossword 1:30 Live Entertainment (Reflections) 2:30 Baking Club- Cotton Candy Cookies 3:30 Balloon Noodle Volleyball 3:30 Do you Remember? 6:30 Evening Movie 	 AD Guess Who Clue #3 9:30 Catholic Communion and Rosary 10:00 Empower Me Wellness Exercise 10:30 Daily Chronicle & Resident-Run Discussion 11:00 Emma's Garden Planting 1:30 Blank Slate Word Game 2:30 Taste Testers Club- Gourmet Cheeses 3:30 Sling Shot Challenge! 6:30 Evening Movie 	 AD Guess Who Clue #4: 9:30 Inspirational Readings to Start Your Day Right! 10:00 Exercise with Conor 10:30 Daily Chronicle & Current Events 11:00 Life Enrichment Patio Garden Planting AF Movie Theater Outing (Time TBD) 3:30 Rummikub and Games 6:30 Evening Movie 	 AD Guess Who Clue #5: 9:30 Bible Reading 10:00 Empower Me Wellness Exercise 10:30 Daily Chronicle & Resident-Run Discussion 11:00 Wheel of Fortune 1:30 Country Music Bingo with Emily From Elevate 2:30 Pet Therapy with Garth! 2:30 Pet Therapy with Garth! 2:30 Resident Council 3:30 Putt Putt Golf 4:00 Garden Care and Watering 6:30 Evening Movie 	 10:00 Exercise 10:30 Daily Chronicle & Current Events 11:00 Guess Who Revealed 2:00 Endangered Species Day Documentary: Life on Our Planet- Ep 8: Age of Ice and Fire 3:30 Happy Hour and Music 4:00 Garden Care and Watering 6:30 Evening Movie 	 AD Armed Forces Day 9:30 Morning Mantras/ Meditation 10:00 Chair Yoga with CU Volunteer Allison 10:30 Daily Chronicle & Resident-Run Discussion 11:00 Flower Arranging 1:30 Piano Music by Daphne (Volunteer) 2:30 How Well Do You Know the Military Branches? (AC) 3:30 Rummikub and Games 4:00 Garden Care and Watering 6:30 Evening Movie
 9:30 Spiritual Eldercare Nondenominational Church Service 10:00 Outdoor Morning Stretch Exercise (Weather Pending) 10:30 Daily Chronicle & Resident-Run Discussion 11:00 Jenga 1:30 Decorative Birdhouse Crafting 2:30 Frisbee Golf 3:30 Uno Card Game 4:00 Garden Care and Watering 6:30 Evening Movie 	 10:00 Exercise 10:30 Daily Chronicle & Current Events 11:00 Monday Manicures 1:30 Live Entertainment (Reflections) 2:30 Therapy Dog Visit! 3:30 World Plant a Vegetable Day 4:00 Garden Care and Watering 6:30 Evening Movie 	 9:30 Catholic Communion and Rosary 10:00 Empower Me Wellness Exercise 10:30 Daily Chronicle & Resident-Run Discussion 11:00 Balloon Burst 2:30 Truth or Dare 3:30 Cocktail Hour 4:00 Garden Care and Watering 6:30 Evening Movie 	 9:30 Inspirational Readings to Start Your Day Right! 10:00 Exercise 10:30 Travels with Toni 1:30 Crumbl Cookie Outing 2:00 Matinee Movie- The Band Wagon (Kanopy) 4:00 Garden Care and Watering 6:00 Assisted Living Family Council & Introduction to LifeLoop (No Movie Tonight) 	 AD Circus Day! 9:30 Bible Reading 10:00 Empower Me Wellness Exercise 10:30 Daily Chronicle & Resident-Run Discussion 11:00 Crafting Corner- Water Gun Painting 12:30 Caricature Drawings by Jane! 2:00 Balloon Artist, Juggler & Magician! 3:30 Rummikub and Games 4:00 Garden Care and Watering 6:30 Evening Movie 	 10:00 Exercise 10:30 Daily Chronicle & Current Events 10:30 Friday Flag Salute with John 1:15 Hand Massages and Aromatherapy 2:00 World Turtle Day! Documentary: Just Turtles: Exploring the Lives of Ancient Reptile 3:30 Happy Hour and Music 4:00 Garden Care and Watering 6:30 Evening Movie 	 9:30 Coffee Talk/ Daily Chronicle 10:00 Chair Yoga with CU Volunteer Allison 11:00 Mindful Meditation 1:30 Corn Hole 2:30 Raffle Ticket Bingo- Don't Forget your Punch Card! 3:30 Rummikub and Games 4:00 Garden Care and Watering 6:30 Evening Movie
AD Guess Who Clue #1: 9:30 Spiritual Eldercare Nondenominational Church Service 10:00 Outdoor Morning Stretch Exercise (Weather Pending) 10:30 Daily Chronicle & Resident-Run Discussion 11:00 Kings in the Corner 1:30 Cranium Crunches 2:30 Baking Club- Oh Henry Bars 3:30 Bowling Tournament 4:00 Garden Care and Watering 6:30 Evening Movie	AD Guess Who Clue #2: AD Memorial Day 10:00 Exercise 10:30 Daily Chronicle & Current Events 11:00 Scrabble Word Game 11:30 Memorial Day BBQ 1:30 Live Entertainment (Reflections) 2:30 Balloon Noodle Volleyball 3:30 Patio Popsicles 4:00 Garden Care and Watering 6:30 Evening Movie	AD Guess Who Clue #3 9:30 Catholic Communion and Rosary 10:00 Empower Me Wellness Exercise 10:30 Daily Chronicle & Resident-Run Discussion 11:00 Apples to Apples Game 1:30 Nerf Gun Shooting Practice 2:30 Trivial Pursuit 3:30 May Birthday Bash 4:00 Garden Care and Watering 6:00 Alzheimer's and Dementia Support Group with Bloom Healthcare 6:30 Evening Movie	AD Guess Who Clue #4: 9:30 Inspirational Readings to Start Your Day Right! 10:00 Exercise with Conor 10:30 Daily Chronicle & Current Events 11:30 Picnic Lunch Outing 3:30 Wacky Wednesday 4:00 Garden Care and Watering 6:30 Evening Movie	 AD Guess Who Clue #5: 9:30 Bible Reading 10:00 Empower Me Wellness Exercise 10:30 Daily Chronicle & Resident-Run Discussion 11:00 Crafting Corner- Felt Succulents 1:30 National Senior Health & Fitness Day! 2:30 Make your own Smoothies! 3:30 Rummikub and Games 4:00 Garden Care and Watering 6:30 Evenina Movie 	 10:00 Exercise 10:00 Walmart Shopping Outing 10:30 Daily Chronicle & Current Events 1:30 Guess Who Revealed 2:00 A War To Remember Memorial Day Special WWII Historical Documentary (YouTube) 3:30 Happy Hour and Music 4:00 Garden Care and Watering 6:30 Evening Movie 	 9:30 Morning Mantras/ Meditation 10:00 Exercise with Jania! 10:30 Daily Chronicle & Resident-Run Discussion 1:30 Flower Arranging 2:30 Raffle Ticket Bingo- Don't Forget your Punch Card! 3:30 Resident of the Month Celebration! 4:00 Garden Care and Watering 6:30 Evening Movie