

## ACTIVITY CALENDAR



**MAY 2025**

The Activity Calendar is split into 2 sessions/day. It is subject to change to accommodate residents' special requests.

| MONDAY            | TUESDAY - 1              | WEDNESDAY - 2            | THURSDAY - 3             | FRIDAY - 4           | SATURDAY - 5                  | SUNDAY - 6                |
|-------------------|--------------------------|--------------------------|--------------------------|----------------------|-------------------------------|---------------------------|
| Ball Toss         | Exercise                 | Noodle Hockey            | Exercise                 | Backyard Bowl        | Watch TV                      | Family Time               |
| Watch News        | Socialize on Patio       | Table Talk               | Puzzle                   | Music                | Coloring                      | Board Games               |
| MONDAY - 7        | TUESDAY - 8              | WEDNESDAY - 9            | THURSDAY - 10            | FRIDAY - 11          | SATURDAY - 12                 | SUNDAY - 13               |
| Trivia            | Newspaper                | Brain Games              | Picture Collage          | Crossword Puzzle     | Music                         | Backyard Bowl             |
| Magazine          | Karaoke                  | Reading                  | Watch TV Show            | Socialize on Patio   | Therapy Dog Visit             | Movie                     |
| MONDAY - 14       | TUESDAY - 15             | WEDNESDAY - 16           | THURSDAY - 17            | FRIDAY - 18          | SATURDAY - 19                 | SUNDAY - 20               |
| Chair Yoga        | Morning Walk in Backyard | Watch TV                 | Newspaper                | Cards                | Bird Watching in Backyard     | Family Time               |
| Monopoly          | Hand Massages            | Trivia Night             | Stretching               | Mocktails Happy Hour | Movie                         | Movie                     |
| MONDAY - 21       | TUESDAY - 22             | WEDNESDAY - 23           | THURSDAY - 24            | FRIDAY - 25          | SATURDAY - 26                 | SUNDAY - 27               |
| Therapy Dog Visit | Chair Yoga               | Morning Walk in Backyard | Backyard Bowl            | Brain Games          | Lunch Al Fresco on Back Patio | Family Time               |
| Coloring          | Puzzle                   | Stretching               | Newspaper                | Music                | Trivia Night                  | Karaoke                   |
| MONDAY - 28       | TUESDAY - 29             | WEDNESDAY - 30           | THURSDAY                 | FRIDAY               | SATURDAY                      | SUNDAY                    |
| Table Talk        | Watch TV                 | Exercise                 | Morning Walk in Backyard | Exercise             | Backyard Bowl                 | Family Time               |
| Exercise          | Therapy Dog Visit        | Newspaper                | Book Club                | Mocktails Happy Hour | Movie                         | Bird Watching in Backyard |