Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Activity Room B Bistro DR Dining Room HS Hair Salon OC Out of Community P Patio P Parlor PDR Private Dining Room R Roof REM Reminiscence RL REM Lounge RR REM REM		9:15 Spiro 100 (AR) 10:00 Old Time Radio Shows (AR) 11:00 Art with Carol (AR) 1:30 Walking Club 2:00 Stage Access - On demand classical performances of ballet, opera and orchestra (AR) 2:45 Words in a Word Game Social (B) 4:00 Music with The Sullivans 6:00 Meditation/Free Draw (P)	10:00 Christine's Hour (B) 11:00 Exercises with Christine (B) 1:30 Fun Stuff with Engaged Senior (AR) 2:30 Discussion on Passover (B) 3:30 Wednesday Bingo (B) 4:00 The Brooklyn Singing Cowboy Social (B) 6:00 Meditation/Free Draw (P)	9:45 Stability Exercises with Prestige Therapy (AR) 10:30 Cake 'n Bake - Bunny Bark (B) 11:30 MasterClass - (AR) 1:30 Walking Club 2:45 Community Wide Hangman (B) 4:00 The Sunrise Pub is Open! (B) 6:00 Meditation/Free Draw (P)	9:30 Spiro 100 (AR) 10:00 Pray the Rosary with Tracey and enjoy her company for songs, exercise and reminiscing. (B) 11:00 Friday Errands OutingSign Up at Concierge (OC) 1:30 Spiritual Reflection and Holy Communion with Ann (AR) 2:00 Domino Dayz Social (B) 2:00 Cake 'n Bake (B) 2:30 Men's Clay Workshop (AR) 3:30 Gentle Yoga Wind Down (B) 5:00 Dinner/Shabbat (DR) 6:00 Meditation/Free Draw (B)	9:30 Hula Hoops Seated Workout (B) 10:15 Hot Cocoa and Word Search Club - join like-minded friends and enjoy a selection of puzzles. (B) 2:00 Learning with Curiosity U (AR) 2:45 Saturday Bingo Social (B) 6:30 Movie Night - (AR)
Streaming (AR) 11:30 Sunday Stroll (P)	10:15 Exercise Essentials (B) 10:30 NewsCurrents Sr. 11:00 Flower Arrangements (B) 1:30 Walking Club 2:00 "Golden Sunsets in Golden Years"; First of a 3 part interactive talk about sailing and travel. (AR) 2:45 Assorted Word Games Social (B) 6:00 Meditation/Free Draw (P)	9:15 Spiro 100 (AR) 10:00 Old Time Radio Shows (AR) 11:00 Men's Club Meeting (P) 11:00 Art with Carol (AR) 1:30 Walking Club 2:00 Stage Access - On demand classical performances of ballet, opera and orchestra (AR) 2:45 CT Photography by Michael Tomashefsky (B) 6:00 Meditation/Free Draw (P)	10:00 Christine's Hour (B) 11:00 Exercises with Christine (B) 12:00 Men's Lunch (OC) 1:30 Fun Stuff with Engaged Senior (AR) 2:30 Music with Steve Avitable (B) 4:00 The Brooklyn Singing Cowboy Social (B) 6:00 Meditation/Free Draw (P)	9:45 Stability Exercises with Prestige Therapy (AR) 10:30 Cake 'n Bake - Easter Blossom Sugar Cookies (B) 11:30 MasterClass - (AR) 1:30 Walking Club 2:45 Community Wide Hangman (B) 4:00 The Sunrise Pub is Open! (B) 6:00 Meditation/Free Draw (P)	9:30 Spiro 100 (AR) 10:00 Pray the Rosary with Tracey and enjoy her company for songs, exercise and reminiscing. (B) 11:00 Friday Errands OutingSign Up at Concierge (OC) 1:30 Spiritual Reflection and Holy Communion with Ann (AR) 2:00 Domino Dayz Social (B) 2:00 Cake 'n Bake (B) 2:30 Men's Clay Workshop (AR) 3:30 Gentle Yoga Wind Down (B) 5:00 Dinner/Shabbat (DR) 6:00 Meditation/Free Draw (B)	9:30 Hula Hoops Seated Workout (B) 10:15 Hot Cocoa and Word Search Club - join like-minded friends and enjoy a selection of puzzles. (B) 2:00 Learning with Curiosity U (AR) 2:45 Saturday Bingo Social (B) 6:30 Movie Night - (AR)
10:15 Sunday Mass; Live Streaming (AR) 11:30 Sunday Stroll (P) 1:30 Seated Zumba (B) 2:45 Social Hour with Bridge, Uno, Knitting, puzzles and more (AR) 3:00 Piano Recital with Riley (B) 6:30 Sunday Movie Night; (AR)	Chicks Arriving 10:15 Exercise Essentials (B) 10:30 NewsCurrents Sr. 11:00 Flower Arrangements (B) 1:30 Walking Club 2:00 "Golden Sunsets in Golden Years"; Second in a 3 part interactive talk about sailing and travel. (AR) 2:45 Assorted Word Games Social (B) 6:00 Meditation/Free Draw (P)	9:15 Spiro 100 (AR) 10:00 Old Time Radio Shows (AR) 1:00 Art with Carol (AR) 1:30 Walking Club 2:00 Stage Access - On demand classical performances of ballet, opera and orchestra (AR) 2:45 Words in a Word Game Social (B) 6:00 Meditation/Free Draw (P)	10:30 Easter Egg Hunt with the Honey Tree Nursery (B) 11:00 Exercises with Christine (B) 1:30 Fun Stuff with Engaged Senior (AR) 3:00 Wednesday Bingo (B) 4:00 The Brooklyn Singing Cowboy Social (B) 6:00 Meditation/Free Draw (P)	9:45 Stability Exercises with Prestige Therapy (AR) 10:30 Cake 'n Bake - Easter Nests (B) 11:30 MasterClass - (AR) 1:30 Walking Club 2:45 Community Wide Hangman (B) 4:00 The Sunrise Pub is Open! (B) 6:00 Meditation/Free Draw (P)	9:30 Spiro 100 (AR) 10:00 Pray the Rosary with Tracey and enjoy her company for songs, exercise and reminiscing. (B) 11:00 Friday Errands OutingSign Up at Concierge (OC) 1:30 Spiritual Reflection and Holy Communion with Ann (AR) 2:00 Domino Dayz Social (B) 2:30 Men's Clay Workshop (AR) 3:30 Gentle Yoga Wind Down (B) 5:00 Dinner/Shabbat (DR) 6:00 Meditation/Free Draw (B)	Easter Brunch 9:30 Hula Hoops Seated Workout (B) 10:15 Hot Cocoa and Word Search Club - join like- minded friends and enjoy a selection of puzzles. (B) 11:00 Easter Brunch (DR) 2:00 Learning with Curiosity U (AR) 2:45 Saturday Bingo Social (B) 6:30 Movie Night - (AR)
Easter Sunday 10:15 Easter Sunday Mass Outing; (streaming in the Bistro)- Our Lady of Fatima Church (AR) 10:15 Sunday Mass; Live Streaming (AR) 11:30 Sunday Stroll (P) 1:30 Seated Zumba (B) 2:45 Social Hour with Bridge, Uno, Knitting, puzzles and more (AR) 3:00 Piano Recital with Riley (B) 6:30 Sunday Movie Night; (AR)	10:15 Exercise Essentials (B) 10:30 NewsCurrents Sr. 11:00 Flower Arrangements (B) 1:30 Walking Club 2:00 "Golden Sunsets in Golden Years"; Third in a 3 part interactive talk about sailing and travel. (AR) 3:00 The Sedgewick Sisters (B) 6:00 Meditation/Free Draw (P)	9:15 Spiro 100 (AR) 10:00 Old Time Radio Shows (AR) 11:00 Art with Carol (AR) 1:30 Walking Club 2:00 Stage Access - On demand classical performances of ballet, opera and orchestra (AR) 3:30 Chef's Table (B) 6:00 Meditation/Free Draw (P)	National Picnic Day 10:30 History of Music Program with critically acclaimed conductor and Juilliard Professor. (B) 12:30 Ice Cream Sandwich Truck (DR) 1:30 Fun Stuff with Engaged Senior (AR) 3:00 Wednesday Bingo (B) 4:00 The Brooklyn Singing Cowboy Social (B) 6:00 Meditation/Free Draw (P)	National Pigs in Blankets Day 9:45 Stability Exercises with Prestige Therapy (AR) 10:30 Cake 'n Bake - Easter Nest Cupcakes (B) 11:00 African Culture Show. (B) 1:30 Walking Club 2:30 Resident Council (B) 4:00 New Resident/April birthdays Square Dance Social (B) 4:30 Pigs in Blankets Dipping Sauce Tasting (B) 6:00 Meditation/Free Draw (P)	9:30 Spiro 100 (AR) 10:00 Pray the Rosary with Tracey and enjoy her company for songs, exercise and reminiscing. (B) 11:00 Friday Errands OutingSign Up at Concierge (OC) 1:30 Spiritual Reflection and Holy Communion with Ann (AR) 2:00 Domino Dayz Social (B) 2:00 Cake 'n Bake (B) 2:30 Men's Clay Workshop (AR) 3:30 Gentle Yoga Wind Down (B) 5:00 Dinner/Shabbat (DR) 6:00 Meditation/Free Draw (B)	9:30 Hula Hoops Seated Workout (B) 10:15 Hot Cocoa and Word Search Club - join like-minded friends and enjoy a selection of puzzles. (B) 2:00 Learning with Curiosity U (AR) 2:45 Saturday Bingo Social (B) 6:30 Movie Night - (AR)
	10:15 Exercise Essentials (B) 10:30 NewsCurrents Sr. 11:00 Flower Arrangements (B) 1:30 Walking Club 2:00 Discover Live - Tours from around the world (AR) 2:45 Assorted Word Games Social (B) 6:00 Meditation/Free Draw (P)	9:15 Spiro 100 (AR) 10:00 Old Time Radio Shows (AR) 11:00 Art with Carol (AR) 1:30 Walking Club 2:00 Stage Access - On demand classical performances of ballet, opera and orchestra (AR) 2:45 Words in a Word Game Social (B) 3:30 Food Committee Meeting 6:00 Meditation/Free Draw (P)	10:00 Christine's Hour (B) 11:00 Exercises with Christine (B) 12:00 Women's Lunch (OC) 1:30 Fun Stuff with Engaged Senior (AR) 3:00 Wednesday Bingo (B) 4:00 The Brooklyn Singing Cowboy Social (B) 6:00 Meditation/Free Draw (P)			
APRIL 2025 Assisted Living					\./	

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LIVE WITH PURPOSE

