

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Craft Room Fireside Lounge Fitness Room Game Room Lobby Location Keys CR Main Dining Room FL The Library FR The Pub GR Theater Room L MDR TL TP TR		10:00 Fun and Fitness [FR] 1	10:00 Meditation in the fitness room [FR] 2	10:00 Fun and Fitness [FR] 3	10:00 Seated Yoga with Sarah [FR] 4	1:00 Movie and Popcorn [TR] 5
		10:30 Bible Study with Paul [TL]	12:30 After Lunch Walk [FL]	10:45 Newtrax Circular [L]	10:30 Sewing and Stitching Group [CR]	1:00 Phase 10 [GR]
		10:30 Deacon Jim from St. Odilia Catholic Church [TP]	1:00 Hand and Foot [TP]	12:30 After Lunch Walk [FL]	12:30 After Lunch Walk [FL]	1:30 Skip-Bo [GR]
		12:30 After Lunch Walk [FL]	1:00 Let's Get Crafty [CR]	1:00 Bingo [TP]	2:00 Rummikub with Neighbors [GR]	3:25 OUTING: Church of St. Pius X [L]
		1:00 Bingo [TP]	3:00 Rosary [TL]	1:00 Cribbage [GR]	2:30 Happy Hour and Musical Entertainment from Nate Hance [MDR]	
		1:00 Cribbage [GR]		3:00 Resident Council [TP]	3:00 Rosary [TL]	
		3:00 500 with Friends! [GR]				
10:00 Dominos [GR] 6	10:00 Seated Yoga with Sarah [FR] 7	7:30 Waffle Breakfast [MDR] 8	10:00 Meditation in the fitness room [FR] 9	9:30-1 Blood Pressure Clinic 10	10:00 Seated Yoga with Sarah [FR] 11	1:00 Movie and Popcorn [TR] 12
1:00 500 with Friends! [GR]	12:30 After Lunch Walk [FL]	10:00 Fun and Fitness [FR]	12:30 After Lunch Walk [FL]	10:00 Fun and Fitness [FR]	10:30 Sewing and Stitching Group [CR]	1:00 Phase 10 [GR]
1:00 Movie and Popcorn [TR]	1:00 Bridge [GR]	12:30 After Lunch Walk [FL]	1:00 Hand and Foot [TP]	10:45 Newtrax Circular [L]	12:30 After Lunch Walk [FL]	1:30 Skip-Bo [GR]
6:30 Phase 10 [GR]	1:00 Women's Chit Chat [TP]	1:00 Bingo [TP]	1:00 Let's Get Crafty [CR]	11:00 Outing: Bella Ciao [L]	1:00 Craft with Volunteers [CR]	3:25 OUTING: Church of St. Pius X [L]
	2:00 Rummikub with Neighbors [GR]	1:00 Cribbage [GR]	2:00 Musical Entertainment with Diane Zilverberg [MDR]	12:30 After Lunch Walk [FL]	2:00 Happy Hour [TP]	
	2:30 Men's Group [TP]	2:00 Food Forum [MDR]	3:00 500 with Friends! [GR]	1:00 Bingo [TP]	2:00 Rummikub with Neighbors [GR]	
	3:00 Rosary [TL]	3:00 500 with Friends! [GR]	3:00 Rosary [TL]	1:00 Cribbage [GR]	3:00 Rosary [TL]	
				2:00 Town Hall [TR]		
10:00 Dominos [GR] 13	10:00 Seated Yoga with Sarah [FR] 14	10:00 Fun and Fitness [FR] 15	10:00 Meditation in the fitness room [FR] 16	10:00 Fun and Fitness [FR] 17	10:00 Seated Yoga with Sarah [FR] 18	1:00 Movie and Popcorn [TR] 19
1:00 500 with Friends! [GR]	10:30 Letter Writing [CR]	12:30 After Lunch Walk [FL]	12:30 After Lunch Walk [FL]	10:45 Newtrax Circular [L]	10:30 Sewing and Stitching Group [CR]	1:00 Phase 10 [GR]
1:00 Movie and Popcorn [TR]	12:30 After Lunch Walk [FL]	1:00 Bingo [TP]	1:00 Hand and Foot [TP]	12:30 After Lunch Walk [FL]	11:00 Outing: Orchid Restaurant [L]	1:30 Skip-Bo [GR]
6:30 Phase 10 [GR]	1:00 Bridge [GR]	1:00 Cribbage [GR]	1:00 White Bear Lake Senior Center Craft Show [CR]	12:30 After Lunch Walk [FL]	12:30 After Lunch Walk [FL]	3:25 OUTING: Church of St. Pius X [L]
	2:00 Rummikub with Neighbors [GR]	3:00 500 with Friends! [GR]	3:00 Rosary [TL]	1:00 Bingo [TP]	2:00 Happy Hour [TP]	
	2:30 Men's Group [TP]			1:00 Cribbage [GR]	2:00 Rummikub with Neighbors [GR]	
	3:00 Rosary [TL]				3:00 Rosary [TL]	
Easter 20	10:00 Seated Yoga with Sarah [FR] 21	10:00 Fun and Fitness [FR] 22	10:00 Meditation in the fitness room [FR] 23	7:30 Breakfast for a Cause [MDR] 24	10:00 Seated Yoga with Sarah [FR] 25	1:00 Movie and Popcorn: Featuring Wicked [TR] 26
10:00 Dominos [GR]	12:30 After Lunch Walk [FL]	12:30 After Lunch Walk [FL]	12:30 After Lunch Walk [FL]	10:00 Fun and Fitness [FR]	10:30 Book Club [TL]	1:00 Phase 10 [GR]
1:00 500 with Friends! [GR]	1:00 Bridge [GR]	1:00 Bingo [TP]	1:00 Hand and Foot [TP]	10:45 Newtrax Circular [L]	10:30 Sewing and Stitching Group [CR]	1:30 Skip-Bo [GR]
1:00 Movie and Popcorn [TR]	2:00 Musical Entertainment with Adam Daniel [MDR]	1:00 Cribbage [GR]	1:00 Let's Get Crafty [CR]	12:30 After Lunch Walk [FL]	12:30 After Lunch Walk [FL]	3:25 OUTING: Church of St. Pius X [L]
6:30 Phase 10 [GR]	2:00 Rummikub with Neighbors [GR]	3:00 500 with Friends! [GR]	3:00 Rosary [TL]	1:00 Bingo [TP]	2:00 Happy Hour [TP]	
	3:00 Rosary [TL]			1:00 Cribbage [GR]	2:00 Rummikub with Neighbors [GR]	
				4:00 Outing: White Bear Meadery [L]	3:00 Rosary [TL]	
10:00 Dominos [GR] 27	10:00 Seated Yoga with Sarah [FR] 28	10:00 Fun and Fitness [FR] 29	10:00 Meditation in the fitness room [FR] 30	GABLE PINES AT VADNAIS HEIGHTS Emotional Environmental Health Services Intellectual Physical Social Spiritual Vocational		
1:00 500 with Friends! [GR]	12:30 After Lunch Walk [FL]	12:30 After Lunch Walk [FL]	11:00 Outing: Sak's Sports Bar [L]			
1:00 Movie and Popcorn [TR]	1:00 Bridge [GR]	1:00 Bingo [TP]	12:30 After Lunch Walk [FL]			
6:30 Phase 10 [GR]	1:00 Women's Chit Chat [TP]	1:00 Cribbage [GR]	1:00 Hand and Foot [TP]			
	2:00 New Resident Meet and Greet [TP]	3:00 500 with Friends! [GR]	1:00 Let's Get Crafty [CR]			
	2:00 Rummikub with Neighbors [GR]		3:00 Rosary [TL]			
	2:30 Men's Group [TP]					
	3:00 Rosary [TL]					