SAMPLE		February 2025				SAMPLE	
		Activities Calendar Evergreen Cottages				SAM"	
Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Rise and Shine 9.00am-11.00am Morning Snack 10:15am		Warm up stretches	2 Sit and Be Fit	Warm up Stretches Book Club	4 Table Talk	5 Arts and Crafts	6 Morning Devotional
Activity 11:00am - 12:00pm Lunch Time Music Lunch 12:15	FEB	Balloon Tennis	Daily Devotional		Baking 101	Balloon Tennis	Table games
Afternoon Activities 1:00 pm - 4:00pm Evening Snack 3:15		Bingo and Board games	Arts and Crafts	Fluff and fold	Walking Club	Puzzle Play	Fluff and Fold
Activity 3:00-4:00pm	9 3 9 3	Walking Club	Jeopardy	Patio Chat	Friday Night Movie	Trivia	Wheel of Fortune
Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Rise and Shine 9.00am-11.00am Morning Snack 10:15am Activity 11:00am - 12:00pm	7 Table Talk Baking 101	Sit and be Fit Walking Club	9 Morning Devotional Table Games	Sit and be fit	Arts and Crafts	Balloon Tennis Puzzle Games	Morning Devotionals Sit and Be fit
Lunch Time Music Lunch 12:15 Afternoon Activities 1:00 pm - 4:00pm Evening Snack 3:15	Puzzle Games	Bingo and Board Games	Wheel of Fortune	Daily Chronicles	Musical Talents	Trivia Games	Bingo Games
Activity 3:00-4:00pm	Fluff and Fold		Arts and crafts	Jeopardy	Friday Night Movie	Fluff and Fold	Patio Chat
Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Rise and Shine 9.00am-11.00am Morning Snack 10:15am	14 Valentine's Day Celebration	15 Ballon Tennis	16 Morning Devotional	Sit and Be fit	18 Table Talk	19 Balloon Tennis	20 Sunday devotional
Activity 11:00am - 12:00pm Lunch Time Music Lunch 12:15		Table games	Arts and Crafts	Daily Chronicles	Bingo games	Word Search games	Board games
Afternoon Activities 1:00 pm - 4:00pm Evening Snack 3:15	VALENTINE'S DAY	Trivia	Puzzle Games		Sit and Be fit	Arts and crafts	Trivia
Activity 3:00-4:00pm	THE WITH CO.	Walking Club	Patio Chat	Fluff and Fold	Friday Night Movie	Puzzle games	Patio chat
Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Rise and Shine 9.00am-11.00am Morning Snack 10:15am	Book Club	Warm up stretches	Walking Club	Daily devotional	25 Table Talk	26 Arts and Crafts	27 Morning Devotional
Activity 11:00am - 12:00pm Lunch Time Music Lunch 12:15	Sit and Be fit	Table games	Daily chronicles	Sit and Be fit	Garden Club	Puzzle games	Balloon Tennis
Afternoon Activities 1:00 pm - 4:00pm Evening Snack 3:15	Baking 101	900 100 600 1 2 3	Puzzle games	Bingo		Fluff and Fold	Table games
Activity 3:00-4:00pm	Puzzle games	Jeopardy	Bowling	Walking Club	Friday Night Movie	Trivia	Jeopardy games
Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Rise and Shine 9.00am-11.00am Morning Snack 10:15am Activity 11:00am - 12:00pm Lunch Time Music Lunch 12:15	28 Baking 101 Morning devotional	Evergreen COTTAGES					
Afternoon Activities 1:00 pm - 4:00pm Evening Snack 3:15 Activity 3:00-4:00pm	Sit and be fit Fluff and Fold	Memory Care & Assisted Living					