

March 2025 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Happy Birthday!
 March 4th, 2025		 March 17th, 2025		 March 20th, 2025		11:00 Rummikub (GR) 11:00 Wii Bowling (AR) 1:00 Diamond Painting (AX) 2:00 Bingo (AR) 3:00 Chess Club (LB) 6:00 Evening Movie (AR) 1	Dick S. – 1st Wallace C. – 2nd Donie C. – 3rd Lillian C. – 5th Larry L. – 7th Rena M. – 8th Molly G. – 13th Marilyn E. – 15th Patricia B. – 15th Ellen S. – 17th Beverly G. – 19th Victor E. – 24th Charles L. – 25th
10:00 Catholic Mass (CH) 10:00 Protestant Services (AR) 1:00 Craft Circle (AX) 1:30 Mahjong (AX) 2:00 Afternoon Matinee (AR) 2:00 Oh My Word (LB) 4:00 Oscars Watch Party: 97th Annual Academy Awards (GH) 2	9:30 Seated Loop Band Exercise & Stretch (CH) 10:30 Make Mardi Gras Masks (AR) 11:00 The Council is In (GH) 1:00 Resident Ambassador Meeting (TAR) 2:00 Bingo (AR) 3:00 Balance & Stretch w/Monica (CH) 4:00 Share a Story (LB) 3	8:30 Veteran's Coffee Social (GH) 10:00 EZ Mind Body & Fitness w/Susan (CH) 11:00 MARDIS GRAS LUNCHEON (DR) 11:00 The Council is In (GH) 2:00 Bridge Game (UB3F) 2:00 Chef's Chat (DR) 2:00 Floor Mat Yoga (CH) 2:00 Rummikub (GR) 3:00 Chess Club (LB) 3:30 Seamstress (TDR) 4	9:30 Outing: Ruth Bancroft Garden & Nursery Walnut Creek 10:00 Balance & Stretch w/Monica (CH) 11:00 Spring Crafts Social (AR) 1:30 Sunshine & Stretch (FT) 2:00 Poetry (LB) 2:00 Poker (LB2) 3:30 Activity Chat (AR) 4:30 Rosary Group (CH) 5	9:00 EZ Mind Body & Fitness w/Susan (CH) 10:00 The Council is In (GH) 10:30 Ditties & Donuts (AR) 1:00 Drums Alive Seated Exercise (CH) 1:30 Prayer Meeting (LB) 2:00 Bingo (AR) 3:30 Armchair Travel: NEW ORLEANS (AX) 6	9:00 The Council is In (GH) 10:30 Seated Exercise: Chair Yoga (CH) 11:00 Therapeutic Coloring (AX) 1:00 Line Dancing with Beth (AR) 1:30 Cell/Tech Clinic with Roman (GH) 2:00 Poker (LB2) 3:30 Friday Happy Hour with Joyce (GH) 7	11:00 Rummikub (GR) 11:00 Wii Bowling (AR) 1:00 Diamond Painting (AX) 2:00 Bingo (AR) 3:00 Chess Club (LB) 6:00 Evening Movie (AR) 8	
10:00 Catholic Mass (CH) 10:00 Protestant Services (AR) 1:00 Craft Circle (AX) 1:30 Mahjong (AX) 2:00 Afternoon Matinee (AR) 2:00 Oh My Word (LB) 6:00 Evening Screening (AR) 9	9:30 Seated Loop Band Exercise & Stretch (CH) 10:00 Inspirational Support with Blaine (CH) 11:00 The Council is In (GH) 2:00 Bingo (AR) 3:00 Balance and Stretch with Monica (CH) 4:00 Share a Story (LB) 10	10:00 EZ Mind Body & Fitness w/Susan (CH) 11:00 The Council is In (GH) 2:00 Board Meeting (AR) 2:00 Bridge Game (UB3F) 2:00 Rummikub (GR) 3:00 Chess Club (LB) 3:30 Seamstress (TDR) 3:30 Tuesday Ted Talk & Discussion (AR) 11	9:30 Outing: Shopping & Lunch in Napa 10:00 Balance & Stretch w/Monica (CH) 11:00 Therapeutic Coloring (AX) 2:00 Poetry (LB) 2:00 Poker (LB2) 4:30 Rosary Group (CH) 12	9:00 EZ Mind Body & Fitness w/Susan (CH) 10:00 The Council is In (GH) 10:30 Ditties & Donuts (AR) 1:00 Drums Alive Seated Exercise (CH) 1:30 Prayer Meeting (LB) 2:00 Bingo (AR) 3:30 Armchair Travel: IRELAND (AX) 13	9:00 The Council is In (GH) 10:30 Seated Exercise: Chair Tai Chi (CH) 11:00 Therapeutic Coloring (AX) 1:00 Line Dancing with Beth (AR) 1:30 Cell/Tech Clinic with Roman (GH) 2:00 Poker (LB2) 3:30 Friday Happy Hour with Party of Two (AR) 14	11:00 Rummikub (GR) 11:00 Wii Bowling (AR) 1:00 Diamond Painting (AX) 2:00 Bingo (AR) 3:00 Chess Club (LB) 6:00 Evening Movie (AR) 15	Location Key AR = Activity Room CH = The Chapel GH = The Great Hall LB = The Library AX = The Annex GR = Game Room LB1 = Lower Building 1st Floor LB2 = Lower Building 2nd Floor DR = Dining Room GHP = Great Hall Patio FT = Fountain Terrace
10:00 Catholic Mass (CH) 10:00 Protestant Services (AR) 1:00 Craft Circle (AX) 1:30 Mahjong (AX) 2:00 Afternoon Matinee (AR) 2:00 Oh My Word (LB) 6:00 Evening Screening (AR) 16	9:30 Seated Loop Band Exercise & Stretch (CH) 11:00 St Patrick's Day Luncheon (DR) 11:00 The Council is In (GH) 1:30 Irish Bagpipe Performance by Fred Payne (GH) 2:00 Bingo (AR) 3:00 Balance and Stretch with Monica (CH) 4:00 Share a Story (LB) 17	10:00 EZ Mind Body & Fitness w/Susan (CH) 11:00 Parkinson's Support Group (AR) 11:00 The Council is In (GH) 1:00 Outdoor Meditation (GHP) 2:00 Bridge Game (UB3F) 2:00 Rummikub (GR) 2:30 Performance by Bob Cowgill (GH) 3:00 Chess Club (LB) 3:30 JEOPARDY Trivia Game (AR) 3:30 Seamstress (TDR) 18	10:00 Morning Strech & Movement with Amanda (CH) 10:30 Outing: Benicia State Park Walk & Lunch 11:00 Therapeutic Coloring (AX) 2:00 Poetry (LB) 2:00 Poker (LB2) 3:30 Socializing with Susan (AR) 4:30 Rosary Group (CH) 19	9:00 EZ Mind Body & Fitness w/Susan (CH) 10:00 The Council is In (GH) 10:30 Ditties & Donuts (AR) 1:00 Drums Alive Seated Exercise (CH) 1:30 Prayer Meeting (LB) 2:00 Bingo (AR) 3:30 Podcast: Cogir Senior Stories (AX) 6:00 Spring Sip & Paint Party (AR) 20	9:00 The Council is In (GH) 10:30 Seated Exercise: Chair Yoga (CH) 11:00 Therapeutic Coloring (AX) 1:00 Line Dancing with Beth (AR) 1:30 Cell/Tech Clinic with Roman (GH) 2:00 Poker (LB2) 2:00 World Poetry Day: Open Mic Poetry Readings (GH) 3:30 Happy Hour with Glenn (GH) 21	11:00 Rummikub (GR) 11:00 Wii Bowling (AR) 1:00 Diamond Painting (AX) 2:00 Bingo (AR) 3:00 Chess Club (LB) 6:00 Evening Movie (AR) 22	
10:00 Catholic Mass (CH) 10:00 Protestant Services (AR) 1:00 Craft Circle (AX) 1:30 Mahjong (AX) 2:00 Afternoon Matinee (AR) 2:00 Oh My Word (LB) 6:00 Evening Screening (AR) 23	9:30 Seated Loop Band Exercise & Stretch (CH) 10:00 Inspirational Support with Blaine (CH) 11:00 The Council is In (GH) 1:00 Cuddle Club Visit (GH) 1:00 Heartfelt Hands Group (AX) 2:00 Bingo (AR) 3:00 Balance and Stretch with Monica (CH) 4:00 Share a Story (LB) 24	10:00 EZ Mind Body & Fitness w/Susan (CH) 11:00 The Council is In (GH) 1:00 Outdoor Meditation (GHP) 2:00 Bridge Game (UB3F) 2:00 Resident Council (GH) 2:00 Rummikub (GR) 3:00 Chess Club (LB) 3:30 Seamstress (TDR) 25	9:00 Outing to Cache Creek Casino 10:00 Balance & Stretch w/Monica (CH) 11:00 Therapeutic Coloring (AX) 1:30 Sunshine & Stretch (FT) 2:00 Poetry (LB) 2:00 Poker (LB2) 3:00 Welcoming New Residents Social (AR) 4:30 Rosary Group (CH) 6:00 Movie Night: "THE BOYS IN THE BOAT" (GH) 26	9:00 EZ Mind Body & Fitness w/Susan (CH) 10:00 The Council is In (GH) 10:30 Ditties & Donuts (AR) 1:00 Drums Alive Seated Exercise (CH) 1:30 Prayer Meeting (LB) 2:00 Bingo (AR) 3:30 Armchair Travel: AMANDA'S TRIP TO JAMAICA (AX) 4:00 Birthday Dinner (DR) 27	9:00 The Council is In (GH) 10:00 Book Club (LB2) 10:30 Seated Exercise: Movement to Music (CH) 11:00 Therapeutic Coloring (AX) 1:00 Line Dancing with Beth (AR) 1:30 Cell/Tech Clinic with Roman (GH) 2:00 Poker (LB2) 3:30 Friday Happy Hour with Two Track'n Heather (GH) 28	11:00 Rummikub (GR) 11:00 Wii Bowling (AR) 1:00 Diamond Painting (AX) 2:00 Bingo (AR) 3:00 Chess Club (LB) 6:00 Evening Movie (AR) 29	
10:00 Protestant Services (AR) 1:00 Craft Circle (AX) 1:30 Mahjong (AX) 2:00 Afternoon Matinee (AR) 2:00 Oh My Word (LB) 6:00 Evening Screening (AR) 30	9:30 Seated Loop Band Exercise & Stretch (CH) 11:00 Resident Spotlight Presentation (AR) 11:00 The Council is In (GH) 2:00 Bingo (AR) 3:00 Balance and Stretch with Monica (CH) 4:00 Share a Story (LB) 31	 Set your clocks one hour ahead, the evening of Saturday, March 8th!		Activities are subject to change			Active Cognitive Community Dimensional Environmental Expressive Nourishing