

Associate of the Month



Eseoghene Onuvughe

Ese, a valued member of our care staff consistently goes the extra mile to ensure our residents feel cared for, respected and supported. Whether its through his warm smile, attentive service, vibrant energy and the constant willingness to lend a helping hand Ese embodies the values that make our community feel like home. Residents and team members have praised Ese for his dedication, leadership and positive attitude.

A Time for Reflection in the New Year!

This holiday season as we approach a new year, our main goal is to ensure each resident feels a sense of belonging and joy. We allow our residents to experience the holiday magic in a way that honors their individuality and needs. Those can be found in the simplest moments, a favorite carol, the glow of holiday lights or just the warmth of laughter and being surrounded by family.



Our Reflections Families

The Benefits of Pet Therapy



Helen and Her Favorites

The simple presence of a friendly animal can bring countless physical, emotional, and social benefits to residents, improving their overall quality of life. Interacting with animals has been shown to lower cortisol levels, the body's stress hormone, creating a calming effect. The unconditional love and companionship of pets can alleviate feelings of loneliness, depression and isolation. Love comes in all furry forms.



THE RESIDENCE at Basking Ridge

THE RESIDENCE AT BASKING RIDGE *Associates*

Allison Kuiken

Executive Director

Jaquan Dunn

Business Office Director

Ally Stewart

Sales and Marketing Director

Andi Knoble

Business Development Director

Ursula Gibson

Resident Care Director

Christine Getz

Resident Engagement Director

Stacy Browne

Reflections Director

Samanta Gill

Restaurant Operations Director

Mack Solorzano

Maintenance Director



New Year's Resolutions



Happy New Year 2025

New Year's resolutions are not just about setting goals, they're about embracing the idea that each day offers a chance to improve and enjoy life. Resolutions provide a structured way to focus on what truly matters and to continue learning and growing. In modern times, New Year's resolutions have become largely secular and focused on self improvement. People

around the world use the new year as a symbolic fresh start to set goals, related to healthy relationships, finances and personal growth. Do you make and believe in New Year's resolutions and what will they be?

Community Happenings

Our community transformed into a Winter Wonderland for all who joined in with beautifully decorated trees, to cheerful garland and sparkling lights. We decorated holiday cookies and are starting to work on New Year's resolutions. We will be continuing the new year with more fabulous entertainment along with a local movie theater outing. Watch for a kick of a knitting and crocheting series of classes.



Good Times. Good Friends. *Great Care!*

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Important Days

Relax, Renew, Revitalize Massage Therapy Workshop January 9th
Soup Stroll bringing the homemade goodness of home to You on January 29th
Doctors Appts. Tuesday & Thursday upon request and availability
Happy, Health, New Year to All

Our engagement program is built upon both our residents' interests and our Five Principles for Vitality.

By providing quality and choice, we hope to encourage socialization and well-being for mind, body, and spirit.

Continued Learning
Arts & Culture
Physical Fitness
Community Connections
Wellness & Self-Care



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10:00 Cardio Drumming
11:00 Heart and Sole Step Class
2:00 Wordle Jam
3:00 Dime Bingo Time
4:00 Happy "Appy" Hour
7:00 Cinema Movie Night

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10:00 Morning Mantra Stretching
11:00 Somerset Hills YMCA Open House
12:00 Words with Friends
2:00 Blizzard Bliss Sundae Bar
3:00 Dime Bingo Time
4:00 Happy "Appy" Hour
7:00 Cinema Movie Night

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10:00 The Answer to Every Clue Brain Game
11:00 Heart and Sole Step Class
2:00 Wordle Jam
3:00 Dime Bingo Time
4:00 Happy "Appy" Hour
7:00 Cinema Movie Night

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10:00 Morning Mantra Stretching
11:00 Memory Games
2:00 Cooking Connections
2:00 Blizzard Bliss Sundae Bar
3:00 Dime Bingo Time
4:00 Happy "Appy" Hour
7:00 Cinema Movie Night

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10:00 Cardio Drumming
11:00 Post Holiday Meditation
2:00 Open Mahjong
2:00 Emerald Suite Resident Council Meeting
3:00 Words with Friends
4:00 Happy Hour Social
7:00 Puzzle Power Hour
7:00 Cinema Movie Night

10

10:00 True and False Challenge
11:30 Mahjong Play
2:00 Reading Companion/Tea Party
3:00 Words with Friends
4:00 Happy Hour Social
7:00 Puzzle Power Hour
7:00 Cinema Movie Night

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11:00 Cardio Drumming
11:30 Mahjong Play
2:00 Sit and Fit
2:00 Open Mahjong Play
3:00 Words with Friends
4:00 Happy Hour Social
7:00 Puzzle Power Hour
7:00 Cinema Movie Night

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10:00 True and False Challenge
11:30 Mahjong Play
2:00 Reading Companion/Tea Party
2:00 Chair Jazzercise
3:00 Words with Friends
4:00 Happy Hour Social
7:00 Puzzle Power Hour
7:00 Cinema Movie Night

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10:00 Cardio Drumming
11:30 Mahjong Play
2:00 Chair Jazzercise
2:00 Open Mahjong Play
3:00 Words with Friends
4:00 Happy Hour Social
7:00 Puzzle Power Hour
7:00 Cinema Movie Night

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10:00 Golden Zumba
11:00 Tai Chi Movement
2:00 Shuffleboard Games
2:00 Calendar Planning Meeting
3:00 Arora 360 Workout
4:00 Happy Hour Social
7:00 Cinema Movie Night

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10:00 Golden Zumba
10:00 Relax Renew Revitalize
11:00 Tai Chi Movement
12:00 LCR Challenge
2:00 Resistance Bands Workout
3:00 True and False Challenge
4:00 Happy Hour Social
7:00 Cinema Movie Night

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10:00 Golden Zumba
11:00 Tai Chi Movement
2:00 Shuffleboard Games
3:00 Arora 360 Workout
4:00 Happy Hour Social
7:00 Cinema Movie Night

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10:00 Golden Zumba
11:00 Tai Chi Movement
12:00 Rebus Brain Games
2:00 Resistance Bands Workout
2:00 Chair Jazzercise
3:00 True and False Challenge
4:00 Happy Hour Social
7:00 Cinema Movie Night

30

10:00 Golden Zumba
11:00 Tai Chi Movement
2:00 Shuffleboard Games
2:00 Chair Jazzercise
3:00 Arora 360 Workout
4:00 Happy Hour Social
7:00 Cinema Movie Night

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9:00 Mary, Mother of God Mass Outings
2:00 Open Poker Parlay
2:00 New Years Resolutions Discussion
3:00 Bingo Bash
4:00 Wine and Cheese Social
6:30 Card Players Club
7:00 Cinema Movie Night

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10:00 Shopping Outing
11:30 Double Solitaire Club
2:00 Floral Workshop
3:00 Bingo Bash
4:00 Wine and Cheese Social
6:30 Card Players Club
7:00 Cinema Movie Night

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10:00 Shopping Outing
11:30 Double Solitaire Club
2:00 Barre and Balance
3:00 Bingo Bash
3:00 Ageless Grace
4:00 Wine and Cheese Social
7:00 Cinema Movie Night
7:00 Live Entertainment-Dave Elgart

22 Virginia Staiano

10:00 Shopping Outing
11:30 Double Solitaire Club
2:00 Barre and Balance
2:00 Chair Jazzercise
3:00 Bingo Bash
4:00 Wine and Cheese Social
6:30 Card Players Club
7:00 Cinema Movie Night

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10:00 Shopping Outing
11:30 Double Solitaire Club
2:00 Chair Jazzercise
2:00 Community Soup Stroll
3:00 Bingo Bash
3:00 Ageless Grace
4:00 Wine and Cheese Social
6:30 Card Players Club
7:00 Cinema Movie Night

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10:00 Morning Mantra Stretch
10:00 Knit and Crochet Circle
11:00 Tai Chi Movement
1:30 Arora 360 Workout
2:00 Resident Council Meeting
4:00 Happy Hour Social
7:00 Scrabble Games
7:00 Cinema Movie Night

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10:00 Morning Mantra Stretch
11:00 Tai Chi Movement
1:30 Arora 360 Workout
3:00 Words with Friends
4:00 Happy Hour Social
7:00 Scrabble Games
7:00 Cinema Movie Night

21

10:00 Morning Mantra Stretch
11:00 Tai Chi Movement
12:00 LCR Dice Challenge
1:30 Arora 360 Workout
2:00 Chair Jazzercise
4:00 Happy Hour Social
7:00 Scrabble Games
7:00 Cinema Movie Night

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10:00 Morning Mantra Stretch
10:30 Trivia Challenge
11:00 Tai Chi Movement
1:30 Arora 360 Workout
2:00 Chair Jazzercise
3:00 Resident Council Meeting
3:00 Words with Friends
4:00 Happy Hour Social
7:00 Scrabble Games
7:00 Cinema Movie Night

6 George Keller

10:00 Coffee and Current Events
11:00 Flex and Flow
2:00 Ambassador Luncheon
2:00 Poker Challenge
2:00 Sit and Fit Stretch
3:00 Fireside Trivia
4:00 Happy Hour Social
7:00 Cinema Movie Night

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10:00 Bus Outing
11:00 Flex and Flow
2:00 Poker Challenge
2:00 Craft Workshop
3:00 Fireside Trivia
4:00 Happy Hour Social
7:00 Cinema Movie Night

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10:00 Bus Outing
11:00 Flex and Flow
2:00 Poker Challenge
2:00 Monday Matinee
3:00 Friendly Feud Challenge
3:00 Fireside Trivia
4:00 Happy Hour Social
7:00 Cinema Movie Night

27 Gerry Guyet

10:00 Bus Outing
11:00 Flex and Flow
2:00 Barre and Balance
2:00 Poker Challenge
3:00 Guided Meditation & Sound Bowl
3:00 Friendly Feud Challenge
3:00 Fireside Trivia
4:00 Happy Hour Social
7:00 Cinema Movie Night

26 Lou Devico

9:00 Religious Bus Services to St. James
10:00 Religious Services Bus Trip to St. James
10:30 Sunday Meditation Hour
10:30 Religious Services St Vincent's
11:00 TED Talk
3:00 Bingo Bash with Friends
4:00 Happy Hour

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9:00 Religious Bus Services to St. James
10:00 Religious Services Bus Trip to St. James
10:30 Sunday Meditation Hour
10:30 Religious Services St Vincent's
2:00 Hot Cocoa Social
3:00 Bingo Bash with Friends
4:00 Happy Hour

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9:00 Religious Bus Services to St. James
10:00 Religious Services Bus Trip to St. James
10:30 Sunday Meditation Hour
10:30 Religious Services St Vincent's
3:00 Bingo Bash with Friends
4:00 Happy Hour
7:00 Cinema Movie Night

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9:00 Religious Bus Services to St. James
10:00 Religious Services Bus Trip to St. James
10:30 Sunday Meditation Hour
10:30 Religious Services St Vincent's
2:00 Worship Song and Dance Group
2:00 Hot Cocoa Social

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9:00 Religious Bus Services to St. James
10:00 Religious Services Bus Trip to St. James
10:30 Sunday Meditation Hour
10:30 Religious Services St Vincent's
11:00 TED Talk
3:00 Bingo Bash with Friends
4:00 Happy Hour

26

9:00 Religious Bus Services to St. James
10:00 Religious Services Bus Trip to St. James
10:30 Sunday Meditation Hour
10:30 Religious Services St Vincent's
11:00 TED Talk
3:00 Bingo Bash with Friends
4:00 Happy Hour