

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR2 Activity Room AVC Brinna's Office B1 Bistro CY2 Courtyard DR1 Dining Room DR3 Dining Room 3rd Floor GAR Garage L1 Lobby LR2 Living Room 2nd Floor P1 Parlor T2 Theater			10:30 Word Peck (T2) 11:00 Chair Yoga with Brinna (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Indoor Walking Club 3:15 Balloon Volleyball (B1) 4:00 Happy Hour: Trivia! (B1) 6:30 Sunrise Cinema: Brokeback Mountain (T2)	10:30 Music Trivia (AR2) 11:00 Dance Exercise with Brinna (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 2:15 Meditation (T2) 2:30 Movie Trivia Social (T2) 2:45 Movie Matinee: The Mummy (T2) 4:00 Happy Hour: Bingo! (B1) 6:30 Sunrise Cinema: Downton Abbey (T2)	10:30 Guess That Phrase (AR2) 11:00 Brain Games Fitness Class (T2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Indoor Walking Club (AR2) 2:00 Arts & Crafting Corner (AR2) 3:30 Piano with Mathew (P1) 4:00 Happy Hour: Corn Hole! (B1) 6:30 Sunrise Cinema: (T2)	10:30 Venture (T2) 11:00 Exercise with Bella (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Indoor Walking Club (AR2) 2:00 Noodle Hockey (AR2) 3:00 Fancy Nails and Talking Points (AR2) 4:00 Happy Hour (B1) 6:30 Sunrise Cinema: (T2)
9:00 Lutheran Church Service (T2) 10:00 Sunday Service: Our Lady of Good Counsel (T2) 11:00 Exercise Essentials: Noodles (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:30 Dance Appreciation (AR2) 2:00 Music and Coloring (AR2) 3:00 Tango Dancing (P1) 3:30 Afternoon Trivia and Popcorn Social (AR2) 6:30 Sunrise Cinema: Trouble With the Curve (T2)	10:00 Bus Trip Shopping (L1) 10:30 Wheel of Fortune (T2) 11:00 Exercise: Drumming (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Moving Meditation (T2) 2:00 Modern Marvels: Journey of an Egg (T2) 3:15 Music Trivia (B1) 4:00 Happy Hour (B1) 6:30 Sunrise Cinema: Bringing Down the House (T2)	10:00 Dance Exercise (P1) 10:30 Live Entertainment: Piano and Singing with Doug, Mary Beth, and Gracie (P1) 11:30 ROMEO Men's Group Outing (L1) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Balloon Relay (T2) 2:00 Meet Me At MoMA-Van Gogh (T2) 3:00 Environmental Club Meeting (AR2) 4:00 Happy Hour (B1) 6:30 Sunrise Cinema: The Post (T2)	10:30 Word Peck (T2) 11:00 Chair Yoga with Brinna (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Indoor Walking Club 2:00 New Resident Welcome Social (AR2) 3:30 Flower Arrangements (B1) 4:00 Happy Hour: Trivia! (B1) 6:30 Sunrise Cinema: The Wedding Planner (T2)	10:30 Music Trivia (AR2) 11:00 Dance Exercise with Brinna (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 2:00 Activity with Ariyelle 2:15 Meditation (T2) 2:30 Movie Trivia Social (T2) 2:45 Movie Matinee: Magnificent 7 (T2) 4:00 Happy Hour: Bingo! (B1) 6:30 Sunrise Cinema: The Birdcage (T2)	10:30 Guess That Phrase (AR2) 11:00 Brain Games Fitness Class (T2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Indoor Walking Club (AR2) 2:00 Arts & Crafting Corner (AR2) 3:00 Master Class: Ancient Wisdom (T2) 4:00 Happy Hour: Corn Hole! (B1) 6:30 Sunrise Cinema: (T2)	10:30 Venture (T2) 11:00 Exercise with Bella (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Indoor Walking Club (AR2) 2:00 Noodle Hockey (AR2) 3:00 Fancy Nails and Talking Points (AR2) 4:00 Happy Hour (B1) 6:30 Sunrise Cinema: (T2)
9:00 Lutheran Church Service (T2) 10:00 Sunday Service: Our Lady of Good Counsel (T2) 11:00 Exercise Essentials: Noodles (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:30 Dance Appreciation (AR2) 2:00 Music and Coloring (AR2) 3:30 Afternoon Trivia and Popcorn Social (AR2) 6:30 Sunrise Cinema: Maleficent (T2)	10:00 Bus Trip Shopping (L1) 10:30 Wheel of Fortune (T2) 11:00 Exercise: Drumming (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Moving Meditation (T2) 2:00 Modern Marvels: The Explosive Food Truck Revolution (T2) 3:15 Music Trivia (B1) 4:00 Happy Hour: Mocktail Monday (B1) 6:30 Sunrise Cinema: (T2)	10:00 Scenic Sing Along (L1) 10:30 Everyday Trivia (AR2) 11:00 Morning Stretch (B1) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Balloon Relay (T2) 2:00 Stage Access: Bolshoi Sleeping Beauty Ballet (T2) 4:00 Happy Hour (B1) 6:30 Sunrise Cinema: (T2)	10:30 Word Peck (T2) 11:00 Chair Yoga with Brinna (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Indoor Walking Club 2:00 Making Cards for Friends (AR2) 3:00 Trivia Night (P1) 4:00 Happy Hour: Trivia! (B1) 6:30 Sunrise Cinema: (T2)	10:30 Music Trivia (AR2) 11:00 Dance Exercise with Brinna (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Food Forum (T2) 2:15 Resident Council 2:15 Meditation (T2) 4:00 Happy Hour: Bingo! (B1) 6:30 Sunrise Cinema: (T2)	10:30 Guess That Phrase (AR2) 11:00 Brain Games Fitness Class (T2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Indoor Walking Club (AR2) 2:00 Arts & Crafting Corner (AR2) 3:00 Curiosity U: MLK (T2) 4:00 Happy Hour: Corn Hole! (B1) 6:30 Sunrise Cinema: (T2)	10:30 Venture (T2) 11:00 Exercise with Bella (AR2) 11:30 Brunch (DR1) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Indoor Walking Club (AR2) 2:00 Noodle Hockey (AR2) 3:00 Fancy Nails and Talking Points (AR2) 4:00 Happy Hour (B1) 6:30 Sunrise Cinema: (T2)
9:00 Lutheran Church Service (T2) 10:00 Sunday Service: Our Lady of Good Counsel (T2) 11:00 Exercise Essentials: Noodles (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:30 Dance Appreciation (AR2) 2:00 Music and Coloring (AR2) 3:30 Afternoon Trivia and Popcorn Social (AR2) 6:30 Sunrise Cinema: (T2)	10:00 Bus Trip Shopping (L1) 10:30 Wheel of Fortune (T2) 11:00 Exercise: Drumming (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Moving Meditation (T2) 2:00 Modern Marvels: The Secrets of 7-11 (T2) 3:15 Music Trivia (B1) 4:00 Happy Hour (B1) 4:00 Happy Hour: Mocktail Monday (B1) 6:30 Sunrise Cinema: (T2)	10:00 Scenic Sing Along (L1) 10:30 Everyday Trivia (AR2) 11:00 Morning Stretch (B1) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Balloon Relay (T2) 2:00 Meet Me At MoMA (T2) 3:00 Fun Facts (AR2) 4:00 Happy Hour: Sip and Paint (AR2) 6:30 Sunrise Cinema: (T2)	10:00 Activity with Vierra Falls Church (L1) 10:30 Word Peck (T2) 11:00 Chair Yoga with Brinna (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Indoor Walking Club 2:00 New Resident Welcome Social (AR2) 3:30 Flower Arrangements (B1) 4:00 Happy Hour: Trivia! (B1) 6:30 Sunrise Cinema: (T2)	10:30 Music Trivia (AR2) 11:00 Dance Exercise with Brinna (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 2:15 Meditation (T2) 2:30 Movie Trivia Social (T2) 2:45 Movie Matinee-The Huntsman (T2) 4:00 Happy Hour: Bingo! (B1) 6:30 Sunrise Cinema: (T2)	10:30 Guess That Phrase (AR2) 11:00 Brain Games Fitness Class (T2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Indoor Walking Club (AR2) 2:00 Arts & Crafting Corner (AR2) 3:00 Discover Live: Shanghai China (T2) 4:00 Happy Hour: Corn Hole! (B1) 6:30 Sunrise Cinema: (T2)	10:30 Venture (T2) 11:00 Exercise with Bella (AR2) 11:30 Daily Chronicle/ News Current Sr (B1) 1:45 Indoor Walking Club (AR2) 2:00 Noodle Hockey (AR2) 3:00 Fancy Nails and Talking Points (AR2) 4:00 Happy Hour (B1) 6:30 Sunrise Cinema: (T2)
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JANUARY 2025
Assisted Living

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LIVE WITH PURPOSE

